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Additional Material

Lesson CDs & DVDs

How to Use this Curriculum

“Do you seek the conversion and spiritual development of your young people? Do you endeavor to instruct them in the principles and practices of Friends? Do you strive to create a community life that will promote their mental and physical well-being?”

- North Carolina Yearly Meeting Faith and Practice Query, page 54

It is a challenge to write curriculum that will appeal to junior and senior high school ages, that will work in Sunday School classes and youth group meetings, and that will provide tools for teaching a few or large youth groups. We have done our best to write lessons packed with a variety of teaching tools and methods; therefore, you can choose those that are most fitting for your participants, and according to your time constraints. The youth curriculum follows the same outline as the adult material and is written in order with our Faith and Practice. However, each lesson can also stand alone and does not build on previous lessons.

Scripture Verses and Quaker Quotes:

- Scripture is taken from a variety of versions.
- Consider reading verses and quotes at the beginning and end of each lesson in order to tie everything together.
- Have students memorize scripture passages or Quaker quotes and earn prizes and certificates for memorizing them each week.

Skits & Visitors:

- Some scripts can be performed on the spot during the lesson.
- Several will need preparation or a little rehearsal.
- Consider performing one for the entire meeting.
- Be creative with costuming and props. This will build more excitement and interest in the group.
- Invite others from your Meeting to share as visitors, involving other generations in your study.
- Assist your group in connecting the values demonstrated by the lives of the Quaker visitors to our lives today.

Lessons:

- Curriculum sets include the following
 - One printed copy of each lesson, including scripts, handouts, and printed powerpoint slides.

- A CD with the lessons, scripts, handouts, and powerpoint presentations.
- DVD #1 with the initial packet, DVD #2 will soon follow.
- o Some lessons that have a DVD segment also have an optional video introduction that is not listed in the lesson.
- o Feel free to make additional copies of all items.
- o If powerpoint presentations do not seem to work properly, install the PowerPoint Viewer Program provided on the CD and use it to show the presentations.

Discussion Questions and Queries:

- o Read aloud and discuss the answers as a group.
- o Allow some quiet time for journaling to reflect personal answers to the queries.
- o Some queries may serve as an effective tool for entering into open worship.
- o Several queries are taken directly from Faith and Practice.

Worship:

- o Each lesson ends with a time of worship. Allow time for the students to reflect and close in prayer.

Additional Activities:

- o There are additional activities included for each lesson that can be done outside of a typical class period such as field trips, special events, and projects.

Lesson 1

Opening Icebreaker

All Sorts

Skit

8 Easy Points of
Quaker History

DVD Segment 1

Early Quaker
History

Queries

DVD Segment 2

Quakers Come to
North Carolina

Queries

Closing Applications

Worship

Frame Stop-Handout

Additional Activities

Journaling

Mary Dyer
Dramatization

Meetings for
Suffering

Attachments

“George Fox Song”

Skit Script

Frame Stop

I Have Called You Friends: Early Quaker History

I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. John 15:15 (NIV)

Opening Icebreaker: All Sorts

Get the group to move around the room, finding others with shared interests and preferences. Yell out two contrasting choices and have the group to move either east or west of the room (e.g. “Do you prefer Target or Wal-Mart). Throw out two more choices and have them move north or south. Sorts that work well include: movie/book; salty/sweet; DVD/cinema; jeans/sweats; inside/outside; on stage/in audience, etc.

Skit: 8 Easy Points of Quaker History

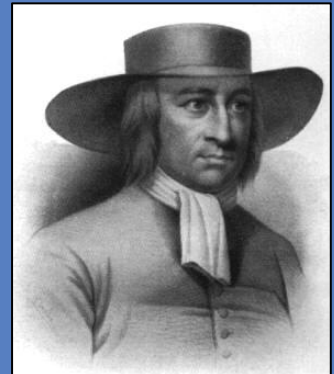
Summary - Creative way for introducing key names within the Quaker movement: George Fox, Margaret Fell, Elizabeth Harris, and William Penn. Includes some key events of Quakers to America: Quietism, Revival, birth of the Richmond Declaration, and Friends umbrella organizations.

This will work best if the teacher and students participating in the skit have already practiced the skit. It is also recommended that the students perform this skit for the entire meeting to remind the adults of our Quaker history.

CAST: Minimum of 9 actors, Maximum of 15
(Skit Script Follows Lesson Plan)

QUAKER QUOTE

“I heard a voice which said, ‘There is one, even Christ Jesus that can speak to thy condition,’ and when I heard it my heart did leap for joy.”



- George Fox

DVD SEGMENT 1: EARLY QUAKER HISTORY

DVD Included.

Play first segment and then pause for discussion questions.

Why did most Quakers come to America? How is that different than most other people who came to the New World?



What is significant about Quakers having female ministers and missionaries, even in the 1600s?

Did you already know any of the Quakers or historical points mentioned in the skit? Did anything surprise you?

DVD Segment 2: Quakers Come to North Carolina

DVD—Finish segment and discuss questions.

Traveling in the 1600's was not as simple as it is now. What kind of hardships do you think William Edmundson and George Fox faced during their travels?

What happened to George Fox during his travels in North Carolina? What did God teach him from this experience?

Did you know that a Quaker meeting is the oldest continuing Christian congregation in North Carolina? How does it make you feel? What does that say about Friends' history and our impact in North Carolina?



Closing Applications

Worship

Activity: Frame Stop

Make copies of the Frame Stop hand-out and/or use it as a power point. Review our Quaker history by examining your own personal history of faith and tuning in on your spiritual journey. Take time to name someone for each frame or list descriptions of those people who have impacted those steps in your spiritual journey. Those reviewed include: **GEORGE FOX** - Who has been one to ask those challenging questions that push you to experience a relationship with Christ that is alive, passionate, and personal? **CHILDREN OF LIGHT** - Who are you walking with in your spiritual search for Truth? Example: Family, Friends, Church Connections. **MESSENGER** - Who has been a witness to you? They are living out their faith. Their dedication and faithfulness challenge you to walk closer to the Lord. Who has stood firm in their faith? **DEFENDER** - Look at your faith. Have you searched for what you truly believe? Have you been a seeker in your faith? Can you defend your faith as Fox did with the doctor? Do you know what you believe?

Faith & Practice pg. 16-17:

"During this early period of Quakerism, the persecution because of the refusal to take oaths, pay tithes, and attend the established church was extremely severe. About four hundred fifty of the most gifted young leaders among Fox's followers either were killed or died as a result of the various forms of persecution. The loss of this leadership was an important factor in the decline of the evangelical fervor of the early Quakers, and Quakerism began to settle into a period of quietism."

Involve two young friends as readers:
John 12:42-50

Reader 1—vs. 42-44 (narrator)

Reader 2—vs. 44-50 (words of Christ)

Have a youth to read Queries for Open Worship:

How will our generation be seen in Quaker history?

Is our faith based on rules of the existing church order, or is our faith alive, real, and personal?

What do we believe? Who will we be? Allow time for silence and sharing.



Additional Activities

- **Journaling:** Most of our Quaker history we know because of what we read in individual's journals. Encourage your youth group to start a journal and record events from their daily lives and their spiritual experiences.
- **Mary Dyer Dramatization:** Check out www.she-died-twice.co.uk Mary Dyer's life and eventual death.
- **Meetings for Suffering**
- "The George Fox Song"

I HAVE CALLED YOU FRIENDS:
EARLY QUAKER HISTORY

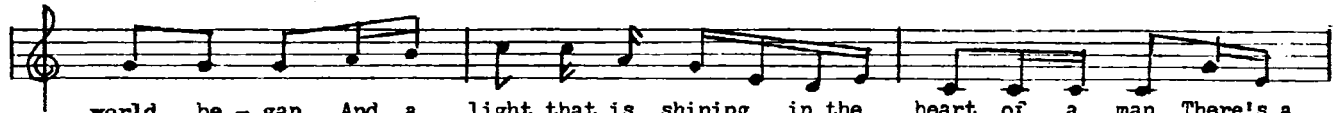


George Fox

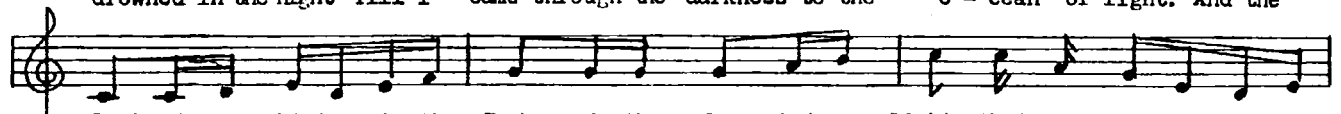
Words and music by Sydney Carter
Copyright, Sydney Carter



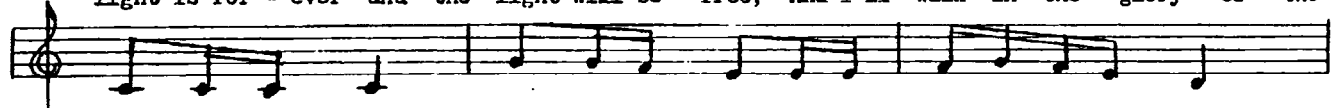
1. There's a light that was shining when the
2. With a book and a steeple with a
3. "Will you swear on the Bible?" "I will
4. There's an ocean of darkness and I



world be - gan And a light that is shining in the heart of a man There's a
bell and a key They would bind it for - ever but they can't said he, Oh the
not," said he "For the truth is as ho - ly as the Book to me." "If we
drowned in the night Till I came through the darkness to the o - cean of light. And the



light that is shining in the Turk and the Jew And a light that is shining, friend, in
book it will perish and the stee - ple will fall But the light will be shining at the
give you a pistol will you fight for the Lord?" "You can't kill the de - vil with a
light is for - ever and the light will be free, And I'll walk in the glory of the



me and in you. Chorus.
end of it all. Walk in the light, wher - ev - er you may be,
gun or a sword." light, said he.



walk in the light, wher - ever you may be! In my old lea ther breeches and



shaggy, shaggy locks I am walking in the glory of the light, said Fox!

A Short History of Quakerism in 8 Easy Points

Adapted From Maya Wright

CAST: Minimum of 9 actors, maximum of 15

NOTE: Each person should probably be given a copy of the skit a week in advance to look over.

If you have less than 15 students, some students can play more than one part. Unless noted with an asterisk (*) characters that are in different scenes can be played by the same person.

Narrator*
George Fox*
Voice of God
William Penn*
Confessor 1
Confessor 2
Confessor 3
Confessor 4*
Confessor 5*
Friend #1*
Friend # 2*
FUM
EFI
FGC
Joel Bean*

PROPS/COSTUMES:

Leather britches and hat for Fox & Gray dress/bonnet for Fell

Several Quaker hats and bonnets

Several White T shirts

Several Quaker T shirts

Fake Money

Small signs that say: "Quietism", "Revival movement", "Joel Bean"(to be hung around necks)

Signs saying FGC, Conservative, EFI, FUM

THE SKIT:

The Narrator:

Welcome to a skit of eight oversimplified points of the creation and divisions in Quaker history. A lot of important things have been left out, including awesome influences Quakers have had in the world concerning the abolition of slavery, the promotion of women's rights, service & peace work. For example, did you know that the American Friends Service Committee won the Nobel Peace Prize in 1947?

1. George Fox and the beginnings of Quakerism:

The Narrator: #1. Once upon a time (in 1640's England), a young man named George Fox was unsatisfied with his life.

While the narrator is talking George Fox, wearing leather britches and shaggy shaggy locks, wanders about the stage. Fox is singing from the George Fox song:

Fox: "In my old leather britches and my shaggy, shaggy locks, I'm not yet walking in the glory of the Light"

The Narrator: "Said Fox."

Fox first meets up with snooty people wearing white shirts with whom he mimes conversation. Fox begins looking very hopeful but quickly becomes sad and goes on looking more and more disappointed as time goes on.

The Narrator: Fox had a leading, that life had more to offer him than met the eye. When he was 19 years old, he started off walking around the south of England, asking questions. He met with lots of educated religious men. He wasn't impressed. They just didn't seem to truly be men of God and they could not answer his questions. He was depressed. When Fox was 22, he went wandering again, this time to the north.

Fox then comes upon a group of people wearing Quaker shirts. He looks overjoyed.

This time Fox met some people like him. Fox began working out for himself what it meant to be a Christian. He had an epiphany. Anybody know what that vocabulary word means?

Fox: "When all my hopes were gone, so that I had nothing outwardly to help me, nor could tell what to do, then, oh then, I heard a voice which said,

An invisible Voice of God from offstage (or hiding behind narrator): 'There is one, even Christ Jesus, that can speak to thy condition,'

Fox: and when I heard it my heart did leap for joy."

The Narrator: Fox kept wandering around. He met up with some seekers who were already having meetings for worship where anyone could preach.

Margaret Fell enters and mimes speaking with Fox

The Narrator: Soon Fox met Margaret Fell, a strong supporter who would eventually become his wife. Margaret was a very important ally. She helped Fox form the structures to carry on the Quaker movement. Out of fear, the British government altered laws to prevent groups from meeting in case they might be conspiring against the government. Because they would not swear in court or take off their hats to nobility, the Quakers were always getting thrown in jail. Between traveling in the ministry and being jailed, Margaret and George were hardly ever in the same place.

During this a police officer drags Fox and Fell in front of a Judge, who orders them jailed. They are removed from the stage.

The Narrator: But they didn't give up.

2. Quakers come to America:

The Narrator: #2. In 1655, Elizabeth Harris was the first Quaker to come to the new world. Others followed her, both as missionaries and in search of a home free of the religious persecution Quakers faced in Britain. Of course, there was plenty of persecution in the colonies as well, including being thrown in jail, and in a few cases, killed. In 1681, 37-year-old William Penn,

Penn appears on stage

The Narrator: . . . a Quaker who was the son of a British navel officer, accepted an enormous tract of land in America as settlement of a debt owed to his father by King Charles II. Penn founded Pennsylvania on Quaker principles. He encouraged the colonists to pay Native Americans for the land they were taking from them, and to generally treat them well.

Penn: “We are too ready to retaliate, rather than forgive, or gain by love and information. And yet we could hurt no man that we believe loves us. Let us then try what Love will do: for if men did once see we love them, we should soon find they would not harm us. Force may subdue, but Love gains: and he that forgives first, wins the laurel.”

Penn exits

3. Quietism (1682-1776): (Walk across stage with Sign)

The Narrator: #3. By 1700, the original Quaker leaders were pretty much all dead. The third generation of Quakers was in charge. They became fearful of the negative and sinful influences of the larger society, so they begin to withdraw inward. There was much less spoken ministry in Meeting for Worship. There were more and more rules that could get you disowned from the meeting.

A row of sad people stand on stage in a line. One at a time they confess, as though in AA, what horrible thing they did to get kicked out of meeting:

Confessor #1: I was written out of meeting for flamboyant attire. It was just a tail of my purple scarf escaping from beneath my coat!

Confessor #2: I was kicked out because I married a non-Quaker

Confessor #3: I just went to a non-Quaker wedding

Confessor #4: I was seen with inappropriate company

Confessor #5: I was deemed inappropriate company

They exit

4. Revival movement sweeps America (Walk across stage with Sign)

The Narrator: #4: Gurney set the stage for Quakers to identify with other protestant denominations. In the 1870's and 80's a revival movement swept America. Traveling evangelicals held camp meetings, where people were saved and water baptized on the spot. This kind of approach was foreign to Friends up to this point. Camp meetings were especially popular with young people, like us.

Three Friends enter and hum the hymn - "Just As I am".

The Narrator: By 1890, many Gurneyite meetings were calling ministers to serve as paid pastors, moving toward programmed worship with sermons every Sunday and only short periods of silence. Musical instruments were also introduced to accompany planned singing.

5. Conservative Friends split off.

Narrator: #5. The idea of programmed worship was too much for some Friends. Throughout North America at different times, they split off on their own and eventually reconnected with some of the Wilburites, in order to *conserve* what they saw as the original form of the Quaker movement, specifically silent worship. Thus they are known today as Conservative Friends.

As the Narrator speaks, Friends come and sit or stand on stage, as if in Meeting for Worship for Business. A Friend is reading.

Kansas Clerk: (From *Kansas Conservative epistle in 1886*) “[Friends,] Keep low, keep quiet, mind our own particular calling, our inward condition, and feel the Lord inwardly as the rock and sanctuary where none can make afraid.”

6. 1887 Richmond Declaration:

The Narrator: #6. In 1887, a conference of 95 delegates appointed by 12 yearly meetings representing the Orthodox branch of Friends across the world met in Richmond, Indiana. This conference met with the goal

of stopping the movement of Quakers towards accepting water baptism. The meeting issued a Declaration of Faith, which has been widely used by Orthodox Friends ever since. This is a small excerpt:

1st Friend (*begins to read the Declaration*): “We believe in one holy,

2nd Friend (*pops in with the Biblical references which are sited throughout the declaration*): (Isa. 6:3, 58:15)

1st: almighty,

2nd: (Gen. 17:1)

1st: all-wise,

2nd: (Rom. 11:33, 16:27)

1st: and everlasting

2nd: (Ps 90:1-2)

1st: God, the Father,

2nd: (Matt 11:25-27)

1st: the Creator

2nd: (Gen 1:1)

1st: and Preserver

2nd: (Job 7:20)

1st: of all things; and in Jesus Christ, His only Son, our Lord, by whom all things were made,

2nd: (John 1:30)

1st: and by whom all things consist;

2nd: (Col 1:17)

1st: and in one Holy Spirit, proceeding from the Father and the Son,

2nd: (John 15:26, 16:7)

The Narrator: Quakers have always been good at documentation and record keeping. (pause) The hope was that writing a declaration would give all Friends a common platform on which to unite. Unfortunately, that did not happen.

7. Founding of the umbrella organizations:

The Narrator: #7. By 1900, diverse groups of Quakers were organizing themselves, though not in unity with one another. Orthodox Friends founded Five Years Meeting in 1902. The name was changed to Friends United Meeting in 1963. Friends United Meeting has done extensive missionary work throughout the world. As a result of their efforts, the largest Quaker population in the world today is in Kenya. This is our umbrella organization.

~Friend #1 from above steps forward and holds up a sign that says “FUM”

The Narrator: Though they were fellow Quakers, Ohio Yearly Meeting refused to participate in Five Years Meeting. Other friends joined efforts and formed Evangelical Friends Alliance in 1965. In 1989 it became Evangelical Friends International.

~EFI Friend comes forward on stage right and holds up a sign that says “EFI”

The Narrator: There are three conservative yearly meetings in the United States: North Carolina Conservative, Iowa Conservative, and Ohio Conservative.

The Narrator: The Hicksites founded Friends General Conference in 1900. They are traditionally unprogrammed and liberal Quakers.

~ Hicksite #1 comes forward stage left with a sign that says “FGC”

In 1885 Joel Bean, a former clerk of Iowa Yearly Meeting, moved to California and decided he didn't want to be involved in all this infighting anymore.

~Joel Bean, who has been standing on stage right, runs all the way across to the very left.

The Narrator: The movement he started is now Intermountain, Pacific, and North Pacific Yearly Meetings.

The Narrator: So, let's review. Let's review by fast forwarding from the beginning. Please help me count as the numbers appear on the screen.

The key points will be recapped by fast-forwarding through the action with hilarious speed. The narrator and the crowd shout out each number.

#1:

Fox and Fell enter, Police Officer drags Fox off stage. Fell follows looking angry.

#2:

Penn runs onstage and says:

Penn: Let us then try what Love will do

Penn runs off.

#3:

Confessors 5 and 6 run on

Confessor #5: I was seen with inappropriate company

Confessor #6: I was deemed inappropriate company

#4:

Quietism sign runs on stage saying, sh..sh...sh....

He runs off

#5:

1st Friend (*beginning of the Declaration*): "We believe in one holy"

2nd Friend: "Isa. 6:3, 58:15"

They run off stage

#7:

Four Friends with Four signs (FUM, EFI, Conservative and FGC) plus Joel Bean come forward, then drop the signs and link arms.

8. So, here we are.

The Narrator: So, here we are. Thank you God! But wait, you say. There were only seven points in that skit. It's true. We are the eighth important point in Quaker history. We are, like Fox, young people searching for more out of life. We are seeking for ourselves what it means to be a follower of Jesus and a Quaker.

FRAME STOP :

GEORGE FOX
MESSENGER

CHILDREN OF LIGHT
DEFEND YOUR FAITH

Review our Quaker history by examining your history, your faith and your spiritual journey.

NAME PEOPLE FOR EACH FRAME OR LIST DESCRIPTIONS OF THOSE PEOPLE WHO HAVE IMPACTED THESE STEPS OF YOUR SPIRITUAL DEVELOPMENT.

GEORGE FOX

Who has been one to ask you challenging questions that push you to experience a relationship with Christ that is alive, passionate, and personal?

CHILDREN OF LIGHT

Who are you walking with in your spiritual search? Who are the people seeking Christ and spiritual growth?

MESSENGER

Who has been a witness to you? They have lived the faith and their dedication and faithfulness challenges you to walk closer to the Lord. Who has stood Firm in their Faith?

DEFENDER

Are you walking in the light of Christ? Do you know what you believe?

**I HAVE CALLED YOU FRIENDS:
EARLY QUAKER HISTORY**

Lesson 2

Opening Icebreaker

Tip-nado

Quaker History Review

PowerPoint:
"The Story We Find
Ourselves In" Part 1

DVD Segment 1

North Carolina
Quaker History
Queries

DVD Segment 2-3

Mendenhall
Plantation
Guilford College

PowerPoint Presentation

"The Story We Find
Ourselves In" Part 2

Review Activity

Who's Who
Red Carpet Event

Closing Application

Worship Activity:
Cloud of Witnesses

Additional Activities

Mendenhall
Plantation
Friends Historical
Collection Tour

Attachments

F&P Quotes
Who's Who In
Quakerism
Cloud of Witnesses

The History We Find Ourselves In: North Carolina Quaker History

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders us and the sin that so easily entangles us, and let us run with perseverance the race marked out for us.

Hebrews 12:1

Opening Icebreaker: Tip-nado

Divide your kids into two teams, separate them by a line down the middle of a table or the room, use masking tape as dividing line. Give each student a straw and 10 q-tips. Give a signal to begin and everybody places a q-tip into their straw and blows it across to the other team's side. You can give a time frame and students can reload q-tips that have blown from the enemy. Sound that time has ended. The winning team has the least q-tips on their side.

Quaker History Review: PowerPoint Presentation

PowerPoint Presentation:
The Story We Find Ourselves In" Part 1

DVD SEGMENT 1: NORTH CAROLINA QUAKER HISTORY

Faith & Practice, pg. 16-17: "During this early period of Quakerism, the persecution because of the refusal to take oaths, pay tithes, and attend the established church was extremely severe. About four hundred fifty of the most gifted young leaders among Fox's followers either were killed or died as a result of the various forms of persecution. The loss of this leadership was an important factor in the decline of the evangelical fervor of the early Quakers, and at the beginning of the eighteenth century, Quakerism began to settle into a period of quietism from which it did not emerge until well into the nineteenth century."

QUAKER QUOTE

"A good end cannot sanctify evil means; nor must we ever do evil that good may come of it ...Let us then try what Love will do."

- William Penn



Why did Quakers face opposition for their stance against war and slavery?

Do Quakers today have any beliefs that are not popular with our culture and neighbors?

How might William Penn's statement, "Let us then try what Love can do," apply to our society today?

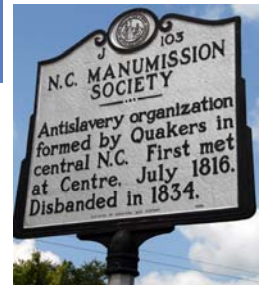
DVD SEGMENT 2-3: MENDENHALL PLANTATION AND GUILFORD COLLEGE

PowerPoint Presentation:

The Story We Find Ourselves In Part 2

F&P, pg. 20 - "North Carolina Yearly Meeting met for the first time in 1698. Existing minutes date from 1708."

F&P, pg. 21: "From 1883 until 1905 the North Carolina Yearly Meeting met at High Point; since 1905 it has met annually in New Garden Meeting House or at Guilford College, and recently (since 2001) at Black Mountain, North Carolina. In 2002 North Carolina Yearly Meeting had nine quarterly meetings, seventy-four monthly meetings, two preparatory meetings and a membership of 10,985."



Review Activity: Who's Who in Quakerism

Who's Who in Quakerism— Cut the strips apart and distribute them to the students. Have each student read their card aloud and have the other students guess who they are.

Red Carpet Event - Quaker Model Runway—You may want to bring in some random items that could be used as costuming or allow time for each person to find or create items to help as costuming or props. Then have a student to read the description as a person walks in front of the group in costume or using props. Your mc will give title and description of the Quaker Clout. You can get very creative and use red construction paper, a red table cloth, or red runner - as the Red Carpet.

Closing Application: A Great Cloud of Witnesses

Use "A Great Cloud of Witnesses" handout.



Read Hebrews 12:1-3 "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart."

Additional Activities:

- **Mendenhall Plantation:**
Take a field trip to the Mendenhall Plantation in High Point, NC.
- **Friends Historical Collection Tour:**
Visit the Friends Historical Collection in the library at Guilford College. They have a collection of minutes, pictures, and artifacts of early Quakers in North Carolina and across the South.

THE HISTORY WE FIND OURSELVES IN:
NORTH CAROLINA QUAKER HISTORY

F&P Quotes

During this early period of Quakerism, the persecution because of the refusal to take oaths, pay tithes, and attend the establishes church was extremely severe. About four hundred fifty of the most gifted leaders among George Fox's followers either were killed or died as a result of the various forms of persecution. The loss of this leadership was an important factor in the decline of the evangelical fervor of the early Quakers, and at the beginning of the eighteenth century, Quakerism began to settle into a period of quietism from which it did not emerge until well into the nineteenth century .”

- Faith & Practice pg. 16-17

“From 1883 until 1905 the North Carolina Yearly Meeting met at High Point; since 1905 it has met annually in New Garden Meeting House or at Guilford College, and recently (since 2001) at Black Mountain, North Carolina. In 2002 North Carolina Yearly Meeting had 9 quarterly meetings, seventy-four monthly meetings two preparatory meetings and a membership of 10,985.”

- Faith & Practice pg. 21

“North Carolina Yearly Meeting met for the first time in 1698. Existing minutes date from 1708.”

- Faith & Practice pg. 20

“Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.”

Who's Who in Quakerism

"I came to America because I felt called to be a missionary. My travels took me everywhere from Puritan Massachusetts to visiting with the sultan in Turkey."

Answer: Mary Fisher

"I was the first Christian preacher in North Carolina. I came to America in 1672 to spread the message of Quakerism and Christianity."

Answer: William Edmundson

"I was raised in a Quaker meeting in New England, but I was read out of meeting for participating in war. When I asked the Quakers at New Garden to help in the cause of the Revolutionary War, they said that war was contrary to the will of God and refused to participate in war."

Answer: Nathaniel Greene

"I helped establish the Underground Railroad to help slaves escape from North Carolina to freedom in Indiana."

Answer: Levi Coffin

"Because of my concern for education among Quakers, New Garden Boarding School was established, which later became Guilford College."

Answer: Nathan Hunt

"I wasn't content with the way people were worshipping. I heard a voice telling me that Jesus could speak directly to me, and I began to preach this message everywhere I went. The people that followed me became known as 'Quakers.'"

Answer: George Fox

"I came to Massachusetts to tell people about the Light of Christ. In the Society of Friends, I was allowed to be a missionary, even though I was a woman. However, this made the Puritans that were living there very angry and I was imprisoned and eventually hanged on Boston Common."

Answer: Mary Dyer

"I lived in the Cane Creek community. During the American Revolution, I had to choose between fighting the British and staying true to my Quaker testimony of peace.

Answer: Simon Dixon

"My family and I were the first Quakers to live in North Carolina. We moved from Massachusetts and settled on the Perquimans River."

Answer: Henry Phillips

"My parents were members at New Garden Friends Meeting. When I grew up I became the wife of a president."

Answer: Dolley Madison

"I traveled to Quarterly Meeting with Rachel Wright (a long and dangerous journey for two women in those days) to ask that a meeting be set up at Cane Creek."

Answer: Abigail Pike

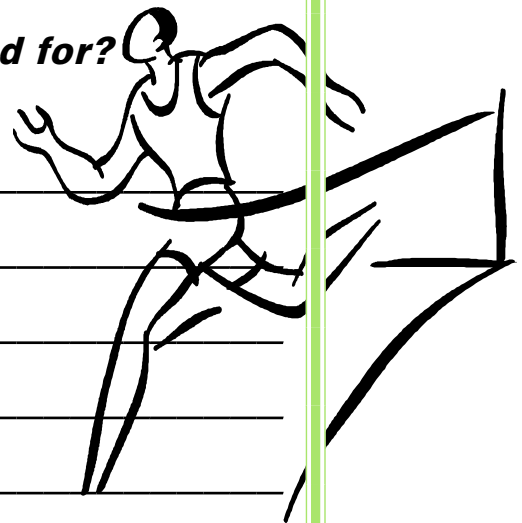
A Great Cloud of Witnesses

Read Hebrews 12:1-3

**Who from this passage stood out to you today
as a key name that made a difference for many generations?
Praise God for these names, these people.**

**Ask God what race He has marked out for you and
how you can run it with perseverance.**

What do you want to be remembered for?



The Story We Find Ourselves In...

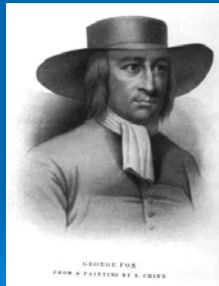
Quaker History for Young Friends

Part I:

Early Quaker History

George Fox, Founder of Quakerism

- Born in England in 1624
- Had many questions about God, religion, and church
- At age 19, left home to search for answers to these questions
- Talked with many priests, preachers, and other people but could not find the Truth that he was searching for
- Went out by himself and then he heard God's voice



And when all my hopes in them and all men were gone, so that I had nothing outwardly to help me, nor could tell what to do, then I heard a voice which said, "There is one, even Christ Jesus that can speak to thy condition," and when I heard it, my heart did leap for joy.



- George Fox

What's In a Name?

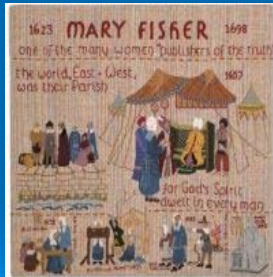
- George Fox began preaching this Good News that God had revealed to him all across England.
- People that listened to him were called "Children of Light," because of their focus on the Inward Light
- They called themselves "Friends" – John 15:15
- Fox told a judge that people should "quake and tremble before the Lord" and the judge began calling them "Quakers"

- Quakers were often persecuted for their beliefs and for going against the Church of England.
- Officials were angered by their refusal to take off their hats, pay tithes, bear arms, swear oaths, and attend the national church.



Quakers Come to America

- The first Quakers arrived in what would become the United States of America in 1656
- Two women, Mary Fisher and Anne Austin, came to Puritan Massachusetts as missionaries
- Some Quakers came to America seeking religious freedom, others became martyrs in their attempts to witness to the Puritans



Making Big Sacrifices

- Quakers left homes, friends, and families to come to America to spread the word of God.
- Many were persecuted, imprisoned, or sent back to England
- Four Friends were hung on Boston Common for their witness



Statue of Mary Dyer, a Quaker martyr

George Fox's Travels in VA & NC

- Fox traveled through southeastern VA and NC in the fall of 1672

"After this our way to Carolina grew worse, being much of it plashy and pretty full of great bogs and swamps; so that we were commonly wet to the knees." – George Fox



A marker at Somerton Friends Meeting in eastern VA recording Fox's travels

Somerton, VA

"We were commonly wet to the knees most of us, and lay abroad at night in the woods by a fire, saying that one of the nights we got to a poor house at a place called Sommertown and lay by a fire in the house. The woman of the house had a sense of God upon her; and the report of our travel had reached thither, and drawn some people that lived beyond Sommertown to that house in expectation to have seen and heard us (so acceptable was the sound of Truth in that wilderness country)" – George Fox's Journal



Eastern Virginia and North Carolina

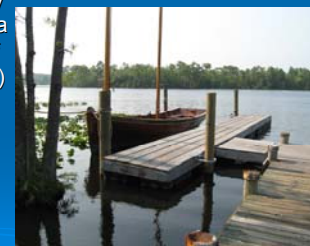
"We entered our boats again and went that day about thirty miles to one Joseph Scott's, and there we had a Meeting and many people were at it; a sound, precious meeting it was, and the people were tendered and much desired after meetings."

– George Fox's Journal



Perquimans County, NC

- The first Quaker family to settle in the Carolina wilderness was that of Henry Phelps (Phillips) who built a home on the Perquimans River where the town of Hertford now stands. He was visited by William Edmundson in 1672



William Edmundson

The first voice of a Christian preacher heard in North Carolina was that of a Quaker, William Edmundson who came to the colony in May, 1672. undaunted by difficulties, discomforts, and dangers, he courageously plunged into the wilderness and carried his Gospel message to the scattered settlers whom church had neglected and forgotten. He found the people famished for the Gospel and the Word of God. Many were truly converted and became members of the Society.

- History of North Carolina Vol. I
R.D.W. Connor



First Quaker Meeting Houses Built in North Carolina



1703- Symon's Creek Friends



1704 – Upper Meeting (later merged with Piney Woods)

1705 – Little River

1706 – Lower Meeting House (Old Neck)

1706 – Caleb Bundy's



North Carolina Yearly Meeting

"At a quarterly meeting at the house of Henry White this 4th day of the 4th month, 1698: it is unanimous agreed by fr^{nds} that the last seventh day of the 7th month in every yere be the yearly meeting for this Cuntree at the house of Francis Toms the elder."

- Minutes



Part 2:

Quakers in North Carolina

Cane Creek

Cane Creek was set up, the first in the central part of North Carolina.

In 1751, Abigail Pike and Rachel Wright of Cane Creek traveled to Quarterly Meeting at Little River in Perquimans County to ask that a meeting under the care of NC Yearly Meeting be set up there.

1753 – Meeting for Worship was set up at Rocky River



1751 – Cane Creek Friends

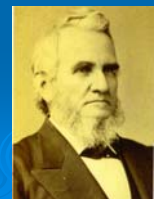


The first co-educational institution in the American south was New Garden Boarding School founded in 1837

The school faced many hardships and near closures, but finally became Guilford College in 1888

Nathan Hunt brought the concern for education to Yearly Meeting in 1830

Nereus Mendenhall, guiding force in the school's early days



Battle of Guilford Courthouse

- Just before the Battle of Guilford Courthouse, British troops camped around Deep River
- The main part of the Battle of Guilford Courthouse took place around New Garden Meeting
- Friends cared for the living and buried the dead regardless of which army they were from



Peace Testimony



I told them that I lived in the virtue of that life and power that took away the occasion of all wars.
-George Fox

Friends and Peace

General Nathaniel Greene had been a member of a Friends meeting in New England, but his plea for New Garden Friends to give sympathetic support to the cause for independence fell on deaf ears. To them war was contrary to the will of God and they could not aid in any way either side of the conflict.



Friends and Equality

"We at present have peace with all the nations of the Indians...The Tuscarora king seems to be a very wise man and I look upon their outward civilizing as a good preparation for the gospel, which God in his season without doubt, will cause to dawn among them."

- John Archdale, NC Governor and Quaker



"To labor for the perfect redemption from the spirit of oppression is the great business of the whole family of Jesus Christ in the world."

-John Woolman

Friends and Slavery



"Friends of the Western Quarter made a motion for some notice to be taken in respect to the Querie Relating to buying and selling Negroes, and Friends appointed a committee to consider the same and make report to the next sitting of this meeting...We do give it our Judgment that no Friend in unity shall buy a Negro or other slave Excepting it be to prevent the Parting of man and wife or Parent and Child"

- Minutes

The Manumission Society

In July 1816 an extensive manumission society (setting people free from slavery) came into existence. Meetings were held at Centre and Deep River. The group advocated a doctrine of immediate and unconditional emancipation.



The Underground Railroad



Under the leadership of Levi and Vestal Coffin an "Underground Railroad" was established. This was a series of Quaker homes stretching from North Carolina to Indiana where slaves could find food and a place to sleep as they escaped to freedom.



The Future...

- What does all this history and organization mean to you?
- What do you think is the future of Quakerism?
- What is your place in the Society of Friends?
- What will people in the future study about your generation and Quakerism?

Lesson 3

Opening Icebreaker

Body Connections

Lead-In Activity

Meeting Search

Tour the Past

Visitor

Worksheet:
“How Well Do I Know
My Meeting?”

Closing Application

Grab Bag Insights

Worship

Queries

Additional Activities

Field Trips

Visitation

Attachments

Worksheet:
“How Well Do I Know
My Meeting?”

My Meeting!

And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.

Hebrews 10:24-25

Opening Icebreaker: Body Connections

Each person chooses a partner. Two circles are formed. One partner is on the inside circle and the other partner is on the outside circle, that actually encircles the other one. One group moves clockwise and the other counterclockwise. The leader blows a whistle, claps, or makes loud noise and yells out the names of two body parts (for example, “Elbow, knee!”). Partners must find each other and connect the two body parts. Give a few trial runs, and then you can eliminate the last couple to get in position. Involve those eliminated by having someone else yell and others watch for late connections. Other possible combinations: finger, foot; nose, shoulder; nose, armpit; thigh, thigh; hand, head.

Lead-In Activity: Meeting Search

Prepare a scavenger hunt that is custom-made for your Meeting. You may want youth to form partners to find all the answers. Come up with at least 20 questions. Send them all over the church.

Sample questions:

- How many doors lead outside?
- What picture hangs on the wall in _____ classroom?
- Does our nursery have a baby swing set up?
- How many pews are in the choir setting?
- What color is the carpet in _____ classroom?
- Which classroom has a poster of _____ hanging on the wall?
- What is written on the sign out front?
- Collect one item that you think describes our Meeting. You will need to explain to the group!

Tour the Past

Gather any creative, historical stuff that you have available for your meeting. If you have artifacts in a Sunday School class – let’s remind ourselves and take a tour. Do you have scrapbooks of milestones in the life of the meeting?

Visitor

Have someone from your meeting who is familiar with your meeting’s history speak to your group about the history of the meeting. Encourage them to share personal stories – transportation, youth group outings/activities/games/fun, building changes, worship styles, funny stories, events that shaped the history, etc...

QUAKER QUOTE

“The first voice of a Christian preacher heard in North Carolina was that of a Quaker, William Edmundson . . . He found the people famished for the Gospel and the Word of God. Many were truly converted and became members of the Society.”

History of NC Vol. I
R. D. W. Conner



Worksheet - "How Well Do I Know My Meeting?"

Fill in answers to the worksheet here:

1) _____

2) _____

3) _____

4) _____

5) _____

6) _____

7) _____

8) _____

9) _____

10) _____

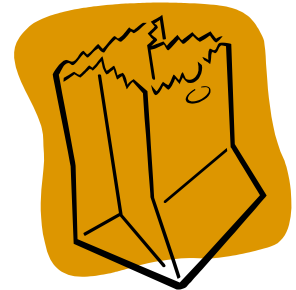
11) _____

12) _____

Closing Application

Grab Bag Insights

Wrap up: We are the Body of Christ, and we need to know Jesus as our personal Savior. With this relationship comes the need to know and love others. So how well do we know each other?



Fill a bag with a variety of items such as an orange, a bottle of water, roll of toilet paper, old magazine, candy, a baseball, an old shoe, a remote control, etc... Use your imagination. Make sure there is at least one item for every person. Everyone sits together in a circle. As the leader you might want to start the sharing process, then toss the bag to someone else to share. Each person chooses one item from the bag and shows it to the group. Complete the sentence: "This item is like or unlike me because..." Have everyone to hang on to their items until the sharing game is over. Continue until each person has shared.

Worship

Ask a volunteer to read Hebrews 10:24-25 to lead into a time of open worship. Have other volunteers share one of the following queries as a part of the worship time.

Faith & Practice, pg. 53

- Do you love one another as becomes the followers of Christ?
- Are you careful of the reputation of others?
- When differences arise, do you make earnest effort to end them speedily?



Closing Prayer: Lord thank you for such a rich heritage. Help our generation to build on history now—with your vision, power, and passion. Amen.

Additional Activities

- **Field Trips**—Visit historical places connected to the history of your Meeting.
- **Visitation**—Schedule visits with shut-ins or other folks that have historical connections to your Meeting.

How Well Do I Know My Meeting?

1. _____ Friends Meeting was founded in the year _____ . Therefore, we are _____ years old.
2. We were started as an outreach of _____ Friends Meeting.
3. Our Meeting has helped to start the following Meetings, _____
_____.
4. We are named _____, because _____
_____.
5. Monthly Meeting is held on _____ each month.
6. We have had _____ meetinghouses, the current one was built in _____.
7. We own approximately _____ acres of land.
8. There are _____ total members and _____ attendees on an average Sunday.
9. Clerk of the Meeting: _____
Recording Clerk: _____
Clerk of Ministry and Counsel: _____
10. Our Meeting is most passionate about _____.
11. The surrounding community depends on us for _____.
12. My Friends Meeting can be described as _____,
_____, and _____.

Lesson 4

Opening Icebreaker

Who Do I Listen To?
Discussion

Skit

The Big Red Box

Lead-In Activities

Names for God
Word Challenge

PowerPoint

Building Blocks

Closing Application

Worship
Theatre Reading

PowerPoint

The Light of Christ
Scripture
Queries

Additional Activities

Poster Presentation

Quaker Acrostic
Journaling

Attachments

The Big Red Box
Word Challenge
Theatre Reading
Handout
Quaker Acrostic

WHAT FRIENDS BELIEVE: BASIC PRINCIPLES

There's nothing like the Word of God for showing you the way to salvation through faith in Christ Jesus. Every part of Scripture is God-breathed and useful one way or another—showing us truth, exposing our rebellion, correcting our mistakes, training us to live God's way. Through the Word we are put together and shaped up for the tasks God has for us. 2 Timothy 3:16-17 (The Message)

Opening Icebreaker: Who Do I listen To?

Set up a beginning and a finish line. Choose one student and have them choose a partner. Blindfold the student and lead them to the start line. Turn them around so that they lose their bearings.



Tell them they must listen to their partner's instructions and follow only their partner's voice to get to the finish line. While they are blindfolded, have the other students yell out wrong directions to confuse the blindfolded student, so they must focus on listening only to their partner.

Discussion Questions:

- What was it like for the person who was blindfolded?
- Was it difficult to listen for only the partner's voice when everyone else was telling them something else?
- How does this relate to everyday life?

Skit: The Big Red Box

Summary: This skit emphasizes that the gift of salvation is free for all who will receive it and is more valuable than anything the world has to offer.

Lead-In Activities

Names for God

Use Flip Chart and have students give the many different names given to God in Scripture. (Examples: Father, Creator, The Word, etc.)

Word Challenge Worksheet

This lesson is full of vocabulary that challenges us to define. This is only an attempt to introduce these words. Each group can certainly approach defining and connecting to the meanings.

PowerPoint: Building Blocks

Faith & Practice, pgs. 27-30 clearly state that Friends do not have a formal creed as a basis of membership. However, we have made some declaration of the fundamentals of our faith. The letter of George Fox to the Governor of Barbados is a declaration. An extended statement was "The Declaration of Faith" issued by the Richmond Conference in 2887. Both are included in our Faith & Practice.

QUAKER QUOTE

"The gospel has been proclaimed to every creature under heaven, which gospel is the power of God for salvation to everyone who has faith."

– Robert Barclay

Closing Application

Worship

Theatre Reading of Faith and Practice, pgs. 123-125. Hand-out provided.

PowerPoint Presentation: “*The Light of Christ*”

Have a volunteer read the Scripture passage below as you start the presentation. You may choose to provide each person with a small candle. Encourage the group to think about characteristics that Jesus has in common with light. The ones from the slide show are listed below.

Matthew 16:13-17

When Jesus came to the region of Caesarea Philippi he asked his disciples, “Who do people say the Son of Man is?”

They replied, “Some say John the Baptist; others say Elijah; and still others, Jeremiah or one of the prophets.”

But what about you? He asked. “Who do you say I am?”

Simon Peter answered, “You are the Christ, the Son of the living God.”

Jesus replied, “Blessed are you, Simon son of Jonah, for this was not revealed to you by man, but by my Father in heaven.”

Light and Christ

- **Light** overcomes darkness
 - **Christ** forgives sin.
- **Light** is energy.
 - **Christ** empowers us.
- **Light** enables us to see.
 - **Christ** guides our path.
- **Light** gives off warmth.
 - **Christ** helps us love others.
- **Light** may be dim on its own, but grows brighter when it is shared.
 - Our experience of **Christ** grows brighter when it is shared.



What does it mean to walk in the Light of Christ?

How can we move from darkness to light?

If someone asked you what you believe right now, what would you say?

Would you describe your faith as something that others have told you or is it your experience? Do you own it?

Who is God to you?

Additional Activities:

- **Poster Presentation:** Have young Friends make posters or other presentations for the meeting about what Friends believe and what they have learned.
- **Quaker Acrostic**
- **Journaling:** “Today God, I recognize your presence in my life as

WHAT FRIENDS BELIEVE:
BASIC PRINCIPLES

The Big Red Box

Characters: Store clerk, Crowd of 4-6 Shoppers, Shopper looking for a free gift

Set Up: The setting is a store called "Kame Apart" which is identified by a large sign. Scattered around the stage are sale items: a hat rack with hats, a tie rack full of ties, a table of sunglasses, and a large box with a sign listing its ingredients and the fact that it is free. (*A huge box big enough to hold a kitchen stove works best*) The box looks plain outside, but it is filled with hot-air balloons, each tied to a card with the Bible verse from Ephesians 2:8-10 written on it.

The Skit: A crowd of people stand outside make-believe glass doors. They are eagerly waiting to be let into the store. They push on the glass and say, "Open, open, open, open." When the store clerk opens the door they rush in frantically grabbing at the store merchandise.

The store clerk walks to a microphone and says, "Welcome to Kame Apart! The friendliest place on earth to spend all your hard-earned money. If you want it, need it, don't need it, or can't even afford it, we'll sell it to you! And to kick off this morning's shopping frenzy, check out the special in the fourth aisle! It's our deluxe line of Kame Apart ties on sale today for just \$5.99! If you act now, we'll throw in a set of ginsu knives free! This offer won't last long! Check it out!"

The crowd of shoppers runs to the fourth aisle (*fourth pew of the church*) where a tie rack suddenly pops up (*thanks to a volunteer audience member.*) They ravage the rack as they grab the ties and throw some up in the air. A tug of war ensues between two serious shoppers who both shout, "It's mine! I saw it first! No, it's mine! Is not! Is too!" One of them gives a big tug and wins the tie. Upon looking at it more closely, the shopper decides that she doesn't like the color and throws it aside.

The store clerk announces, "Attention shoppers, we've got a thirty second special in aisle one on cool sunglasses! You need them! You want them! You crave them! Well, we've got them! All the styles! All the colors! All of last year's unsold models that nobody really liked. And their all on sale for just a dollar and a quarter of your soul. But hurry! This limited offer won't last long!"

The shoppers run to aisle one to look at the sunglasses. On their way they are shouting, "Thirty seconds! Hurry up! Move out of the way! I'm getting there first! No you're not!" They descend on the sunglasses frantically grabbing at them in a selfish frenzy.

Another shopper enters the store and calmly browses through the sale items. The store clerk approaches and sneakily asks, "May I help you?" (*In the following dialogue the store clerk excitedly interrupts the shopper with the words in parenthesis.*) The shopper answers, "Yes, in fact you may. I'm looking for a very special gift for some friends of mine. It has to be the best present of ALL. (*I think we can accommodate you!*) It has to be very beautiful. (*Yes, ravishing, enticing!*) And unique. (*Unrivaled, a one of a kind!*) And valuable. (*Oh yes! costly, expensive!*) And it has to be FREE." At this word, the greedy store clerk suddenly turns sour and hostile, "Free? Are you crazy?! What kind of place do you think this is! Here I am trying to run a business, and what do I get? Nuts like you looking for handouts! Well, I'm sorry young man, but you're not going to find what you're looking for around here!" The store clerk stomps off.

The store clerk cynically announces, "Attention all you pathetic little shoppers, it's our final sale of the day. It's something you've all been selfishly waiting for, something to give your hopeless lives meaning, something to temporarily satisfy your pitiful little existence for another second or two. Yes,

yes, (*mocking tone*) it's beautiful, it's unique, it's valuable, and it's (*pause*) almost free! That's right, it's a hat sale! For just \$2.99 you can own your very own Pentecost Hat! We've got the newest styles! So run on up for a limited selection of our finest fake Pentecost hats, made from 100% imitation synthetic fabric, designed to fulfill your earthly fantasies forever, or at least for a day or two. (*The crowd descends on the hat rack grabbing at the merchandise.*)

While the crowd ravages the hats, the new shopper walks over to a big red box. He examines it with curious determination. Suddenly he yells to the other shoppers, "Hey! Come over here!" When the crowd gathers around the box, the shopper asks, "Do you know what this is?" They answer, "No." The shopper points, "Look at this! The ingredients are listed here on the side. It says, 'Ingredients: Love, joy, peace, patience, kindness, goodness, happiness, faith, life, and truth! There are a lot of other things listed on here too!'"

The store clerk, who has been watching the scene, interrupts the shopper, "All right, that's enough! What would you want that for anyway? It's good for nothing and besides that box could never fit in a mini-van. It's way too huge!" The shoppers seem to agree. Individuals say, "Yes, it's too big. The only thing I see is a big ugly box. We don't even know what's inside."

The shopper, who has been examining the box closely, suddenly interrupts, "Hey, look here! It says that it's FREE!" The store clerk immediately chimes in, "Free? Free? Well, if it's free, then it must not be worth very much! I bet it's empty anyway! Come on people, move along now! We're just about to announce our last sale of the day." They begin to walk away.

The shopper suddenly shouts, "Wait a minute! Listen to this! It says that it has a guarantee! It says: 'Ideal for children and adults, guaranteed to fill your life with love, happiness, fun and excitement. Caution: May cause growing pains, but in the end, it is guaranteed to improve your attitude, vision, thoughts, speech, and prolong your life indefinitely.' Wow! That sounds great! This is what I've been looking for! It's a perfect gift and it's absolutely free!"

The crowd seems interested, but the store clerk is skeptical. The shopper exclaims, "What are we waiting for? Let's open it up!" They open the box and are surprised to find red balloons in side with dove-shaped cards tied to them. A verse on the cards reads, "By grace we have been saved through faith, and this is not our own doing, it is the free gift of God, not the result of works, so no one may boast. For we are God's handiwork created in Christ Jesus for good works, which God prepared beforehand, that we might walk in them." Ephesians 2:8-10.

The shopper says, "This is the perfect gift! And it's for all of us to share. Let's give them away!" They hand out the balloons as the congregation shares the peace of the Lord with each other. The End.

Biblical Emphasis: Eph. 2:8-10, Acts 2:1-4, Joel 2:28, Phil. 5:22-23. The gift of salvation is free to all who believe in Jesus Christ. The gifts of the Spirit are more fulfilling and valuable than anything the world can offer.

Discussion Starters:

1. Share a story of how you received something totally free with no strings attached.
2. Describe how you experience the grace of God in your life.
3. Discuss how you can share God's love freely with other people in your life.

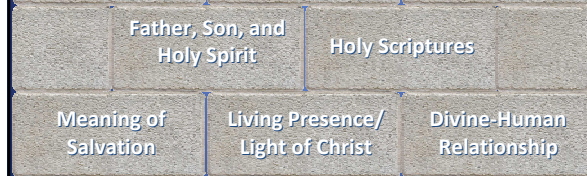
Word Challenge

Directions: Race to see who can fill in the blanks with the correct vowels the fastest

CR _ _ D
D _ CL _ R _ T _ _ N
M _ MB _ RSH _ P
C _ NS _ CR _ T _ _ N
F _ _ TH
TR _ TH
S _ N
R _ P _ NT _ NC _
S _ LV _ T _ _ N
D _ L _ V _ R _ NC _
SP _ R _ T _ _ L
P _ RS _ N _ L
L _ V _
S _ CR _ F _ C _
C _ NV _ CT _ _ N
_ W _ K _ N _ D
R _ C _ NC _ L _ _ T _ _ N
P _ W _ R
R _ GHT _ _ SN _ SS
Y _ _ LD
L _ Y _ L
_ B _ D _ _ NC _
_ S _ NSH _ P
TR _ NSF _ RM _ T _ _ N
C _ R _ M _ N _

C _ _ P _ R _ T _ _ N
N _ RT _ R _
PR _ V _ L _ G _
S _ CR _ D
C _ MM _ N _ _ N
_ XP _ R _ _ NC _
_ NT _ M _ T _
F _ LL _ WSH _ P
C _ NSC _ _ SN _ SS
S _ RR _ ND _ R _ D
_ LL _ M _ N _ S
STR _ NGTH _ NS
D _ V _ N _
_ R _ G _ N _
_ ND _ WM _ NT
PR _ _ M _ N _ NC _
P _ T _ NT _ _ L _ T _ _ S
P _ W _ R
_ NSP _ R _ T _ _ N
T _ ST _ M _ N _ _ S
W _ RTH
P _ RTN _ R
D _ GN _ T _
G _ _ D _ NC _

Building Blocks of Quaker Faith



FATHER, SON, AND HOLY SPIRIT

- God the Father – all powerful creator of the universe
- God the Son – Jesus Christ, the Word made flesh, who was with God in the beginning (John 1)
- God the Spirit – lives within us and guides us into all truth

HOLY SCRIPTURES

- Divinely inspired words of God
- The Holy Spirit directs our interpretation of the Bible
- Friends understand the author of the Scriptures to be authoritative rather than the Scriptures themselves

HOLY SCRIPTURES

- The Bible is valuable because it:
 - Describes the nature and purpose of God
 - Tells about the message and mission of Jesus
 - Teaches us about salvation, the way of life, and eternal destiny
 - Records man's search for God and God's revelation to man

MEANING OF SALVATION

- All people have sinned and need repentance and salvation through a relationship with Jesus Christ
- Salvation comes through yielding our lives to God
- No ceremony or human intervention is required since salvation involves a direct, personal relationship with God

LIVING PRESENCE/LIGHT OF CHRIST

- We can have a direct, personal connection with God through Jesus
- The living presence of Christ goes with us wherever we go
- Every human soul has a "Light," placed there by God, which gives him/her the ability to respond to God's voice (John 1:9)

DIVINE-HUMAN RELATIONSHIP

- All life is sacred because everyone has the potential to allow God into their life
- When we obey God, we become partners with Him in His work
- Friends work to end human suffering because of our belief that *all* people are valuable to God

Theater Reading

Involve volunteer readers, this exercise is designed for 4 readers—you may use more.

EXTRACT FROM GEORGE FOX'S LETTER TO THE GOVERNOR OF BARBADOS, 1671

1 **one**

Reader 1: We do own and believe in God, the only wise, omnipotent and everlasting God, the Creator of all things both in heaven and in earth and the Preserver of all that He hath made; who is God over all, blessed forever; to whom be all honor and glory, dominion, praise and thanksgiving, both now and forever more.

two

Reader 2: And we own and believe in Jesus Christ, His beloved and only– begotten Son, in whom He is well pleased; who was conceived by the Holy Ghost, and born of the Virgin Mary; in whom we have redemption through His blood, even the forgiveness of sins; who is the express image of the invisible God, the firstborn of every creature, by whom were all things created that are in heaven and that are in earth, visible and invisible, whether they be thrones or dominions, principalities, or powers; all things were created by Him.

Reader 3: And we do own and believe that He was made a sacrifice for sin, who knew no sin, neither was guile found in His mouth; that He was crucified for us in the flesh, without the gates of Jerusalem; and that He was buried, and rose again the third day by the power of His Father, for our justification; and that He ascended up in heaven, and now sitteth at the right hand of God.

Reader 2: This Jesus, who was the foundation of the holy prophets and apostles, is our foundation; and we believe that there is no other foundation to be laid than that which is laid, even Christ Jesus; who tasted death for every man, shed His blood for all men and is the propitiation for our sins, and not for ours only, but also for the sins of the whole world according as John the Baptist testified of Him, when he said, “Behold the Lamb of God, that taketh away the sin of the world!”

3 **three**

4 **four**

Reader 4: We believe that He alone is our Redeemer and Saviour, even the captain of our salvation, who saves us from sin, as well as from hell and the wrath to come, and destroys the devil and his works; he is the Seed of the woman that bruises the serpent's head, to–wit, Jesus Christ, the Alpha and Omega, the First and the Last. He is (as the Scriptures of Truth say of Him) our wisdom and righteousness, justification, and redemption; neither is there salvation in any other, for there is no other name under heaven given among men whereby we may be

6 **six**

Reader 1: It is He alone who is the shepherd and Bishop of our Souls: He is our Prophet, whom Moses long since testified of; saying, “A prophet shall the Lord your God raise up unto you of the brethren, like unto me; him shall ye hear in all things whatsoever he shall say unto you; and it shall come to pass, that every soul that will not hear that prophet shall be destroyed from among the people” (Acts 3:22, 23).

He it is that is now come, “and hath given us an understanding, that we may know him that is true.” He rules in our hearts by His law of love and of life and makes us free from the law of sin and death. We have no life, but of Him; for He is the quickening Spirit, the second Adam, the Lord from heaven, by whose blood we are cleansed, and our consciences sprinkled from dead works, to serve the living God.

5 **five**

seven

7

Reader 3: He is our Mediator, that makes peace and reconciliation between God offended and us offending; He being the Oath of God, the new covenant of light, grace and peace; the author and finisher of our faith. This Lord Jesus Christ, the heavenly man, the Emmanuel, God with us, we all own and believe in; He whom the high-priest raged against and said, He had spoken blasphemy; whom the priests and elders of the Jews took counsel together against and put to death; the same whom Judas betrayed for thirty pieces of silver, which the priests gave him as a reward for his treason; who also gave large money to the soldiers to broach a horrible lie,

namely, "That his disciples came and stole him away by night whilst they slept."

Reader 2: After He was arisen from the dead, the history of the acts of the apostles sets forth how the chief priests and elders persecuted the disciples of this Jesus for preaching Christ and His resurrection. This we say, is that Lord Jesus Christ, whom we own to be our life and salvation.

8

eight

Reader 4: Concerning the Holy scriptures, we do believe that they were given forth by the Holy Spirit of God, through the holy men of God, who, as the Scripture itself declares (2 Peter 1:21), spake as they were moved by the Holy Ghost. We believe they are to be read, believed, and fulfilled; (He that fulfills them is Christ), and they are "profitable for doctrine, for reproof, for correction, and for instruction in righteousness, that the man of God may be perfect, thoroughly furnished unto all good works" (2 Timothy 3:16); and are able to make wise unto salvation, "through faith in Christ Jesus."

nine

9

The Light of Christ

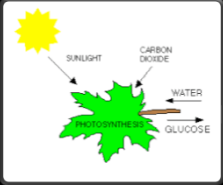

characteristics of light

Light overcomes darkness.



Christ forgives sin.

Light is energy.



Christ empowers us.

Light enables us to see.



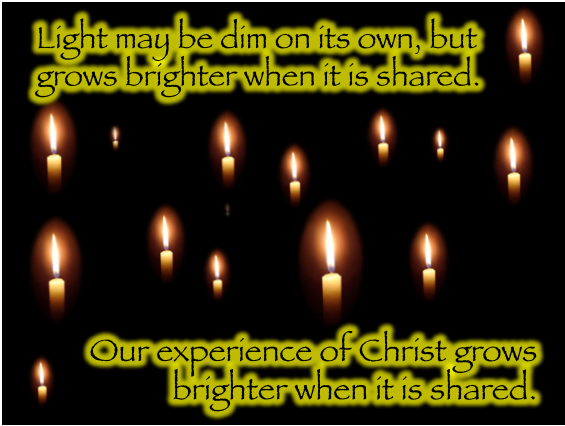
Christ guides our path.

Light gives off warmth.



Christ helps us love others.

Light may be dim on its own, but
grows brighter when it is shared.



Our experience of Christ grows
brighter when it is shared.

Quaker A-C-R-O-S-T-I-C

Directions: Next to each letter, write a word that describes Quakers (Friends), who they are, or what they believe.

Q

U

A

K

E

R

Ideals of Worship

Lesson 5

Opening Icebreakers

Blind Truth
WOW

Lead-In Activity

GO, MAYBE, STOP

DVD Segment 1

Friends Worship

Queries

Scripture Activity-
Toss-a-Thought

DVD Segment 2

Friends Worship

Queries

Closing Applications

Object Lesson

Open Worship

Additional Activities

Youth Sunday

Skit

Reading

Attachments

Skit: *Quakers Being
Persecuted During
Worship*

Reading: *George Fox
The Man Who
Wouldn't Go
To Church*

Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me. To him who overcomes, I will give the right to sit with me on my throne, just as I overcame and sat down with my Father on his throne. He who has an ear, let him hear what the Spirit says to the churches.
Revelation 3:20-22 (NIV)

Opening Icebreakers: Blind Truth

Supplies: Collection of real, wax, and plastic fruits/vegetables (Dollar Stores are a good source for these).

Ask a few volunteers to sit in front of the class blindfolded. Give each one a piece of fruit or a vegetable. They can only use their sense of touch to decide if it is real or fake.

Two other options: Instead of deciding fruit/vegetable, give each volunteer an item of any kind to identify.

Discussion:

- What if you could have only listened to the object, would you have been able to make the call?
- Could you have guessed the item by the sense of smell only?
- Would you have been interested in only using the sense of taste for every item?

Lead In Activity

Supplies: Flip Chart, Color Cards

Use a flip chart and list out all the parts, tools, and things that happen in a Meeting for Worship. Have students share these. You might want to collect a few old bulletins from your Meeting if that tool is used. Once the class cannot list many more, give to each person a green, orange/yellow, and red card. As you call out one of the items, ask each participant to raise a color to indicate the value for them.

GREEN - pretty important part of the community worship, great value.

ORANGE/YELLOW - Sometimes a real need, but could most often go with or without.

RED - Gotta go, definitely distracting from the gathered attention, not necessary for your worship experience.

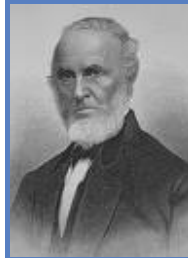
Quote

And so I find it well to come
For deeper rest to this still room
For here the habit of the soul
Feels less the outer world's control
The strength of mutual purpose pleads
More earnestly our common needs;

And from the silence
multiplied

By these still forms on either
side

The world that time and
sense have known
Falls off and leaves us God
alone.



- John Greenleaf Whittier

WOW

Supplies: Wintergreen Lifesavers, breath spray, or Fireballs.

Give everyone a Wintergreen Lifesaver mint, a squirt of breath spray, or a Fireball. Say, "Now that's a WOW! One of our greatest treasures as Quakers is that we come into a worship gathering expecting a 'WOW' experience with God."

GO

MAYBE

STOP



DVD SEGMENT 1: Friends Worship

What is worship to you?

Why do you come to worship gathering?

How do you connect with God?

Have you ever had a “WOW” worship experience with God?

Is Worship still the HEART of who we are as Quakers today?

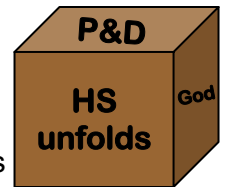
Do we expect to experience a fresh sense of God in meeting for Worship each Sunday?



Scripture Activity – Toss-a-Thought

Our Faith and Practice defines the role of Scripture, pgs. 31-33. Try this creative exercise in exploring the key points. Use a large, square cardboard box and decorate each side as a cube representing one of the following:

- God’s Word - Given by the inspiration of God (**God**)
- The divinely authorized record of moral principles and doctrines of Christianity (**P&D**)
- Interpreted and unfolded by Holy Spirit, Canon of Scripture closed, but Holy Spirit has not ceased. (**HS unfolds**)
- An ever-fresh and unending source of spiritual truth, for every age, need, and problem (**T or F**)
- Spiritual strength comes from study and living in communion with God (**picture of barbell**)
- Words of life because they testify of Him who is Life (**Life**)



Divide your class into groups or into half. Each group rolls the cube, and gives an effort to help explain that key point.

DVD SEGMENT 2: Friends Worship

What goes on during Open Worship?

What is the purpose?

What do you do during the silence?

Do you come to worship with your heart and mind prepared for true connection and communion with God?



Closing Application

Worship—Object Lesson

Supplies: Old keys or purchase blank keys.

Gather old keys that are no longer being used or purchase blank keys. Give each person a KEY. Ask—What will it take for you to completely open your heart in worship? Jesus said:

“Look at me, I stand at the door. I knock. If you hear me call and open the door, I’ll come right in and sit down to supper with you. Conquerors will sit alongside me at the head table, just as I, having conquered, took the place of honor at the side of my Father. That’s my gift to the conquerors! Are your ears awake? Listen, Listen at the Wind Words, the Spirit blowing through the churches.” - Revelation 3:20-22 (The Message)

Is your heart’s door locked or unlocked? Are you OPEN to WORSHIP?
Spend some time in open worship. Do not be afraid of the silence.

Additional Activities

- Youth Sunday
- Skit: “Quakers Being Persecuted During Worship”
- Reading: “George Fox: The Man Who Wouldn’t Go to Church”

Quakers Being Persecuted During Worship

Soldier 1

Soldier 2

Quaker Man 1

Quaker Man 2

Quaker Woman 1

Other Quaker Men, Women, and Children

(Group of Quakers sitting around having meeting for worship. Guards rush in.)

Soldier 1: What are you doing? Don't you know it's illegal to gather together and worship outside of the Church of England?

Quaker Man 1: We're searching for God's Truth.

Soldier 2: What? How can you even know about God? You're not a priest. This isn't church.

Quaker Woman 1: God doesn't live in the Church! He is everywhere and can be found by anyone who wishes to talk with Him! We don't have to go to Church or be priests. Anyone can hear God's message!

Soldier 2: Alright, break it up, break it up! *(to Soldier 1)* Which one do we arrest?

Soldier 1 *(shrugs)*: Uh, ok, which one of you guys is the minister?

(All Quakers raise their hands.)

Soldier 2: Ok, if that's how you want it, we will arrest all of you!

Soldier 1 *(to Soldier 2)*: We can't really do that.

Soldier 2: Alright, we're arresting all the men!
(Soldiers arrest all the male Quakers.)

Quaker Man 2: I'd rather go to prison than not be allowed to worship God as I choose!

Soldier 1: That should stop them!

(Soldiers Exit; Quaker Women and Children continue to worship)

Soldier 2: Hey, wait a minute, they're still worshipping!

Soldier 1: Let's get them! This time we'll take all the women! *(Soldiers arrest all the female Quakers; they exit, the children continue to worship.)*

Soldier 2: I can't believe it! We've arrested their fathers and mothers and the kids are still worshipping God!

Soldier 1: Nothing can stop those Quakers from worshipping!

George Fox, The Man Who Wouldn't Go To Church

In England three hundred years ago, everybody went to church. It was the law that they had to do so. The law even said that if more than five people met to worship anywhere other than in a church or if anyone said one word against the church, they would be thrown into jail.

George Fox had been going to church since he was a small child and he began to ask questions about the things that happened there. He wondered why the minister stood in front of the church many steps above all the people. Why was he so high above everyone else? The preacher said it was very important for everyone to do just as they were told while in church. There were certain times to kneel and certain times to stand. If the name of Jesus was mentioned people had to bow their heads. The minister seemed to be the only one who understood God and the only one great enough to pray to God.

George began to question his local ministers and church authorities, but his questions only made them angry. When he was 19 years old he set out on a journey to find answers to these questions. He wandered from town to town for two years. He began to doubt the authority of the church officials. Were all their prayers and song, their churches with high beautiful steeples, their rules and long sermons really getting them closer to God?

He still felt very alone and unsure of how to worship God. He went alone into the woods, away from the steeples and the choirs and the altars. He read his Bible, wondered and thought, and tried to pray. In the stillness of the woods such wonderful ideas came to him. It seemed that God must be speaking to him. No priest was telling him what to say or when to speak. He didn't have to kneel. God seemed closer to him than his own heart.

He realized that if God could talk to him, a simple weaver's son, then God could speak to any man, woman, or child in the world who would really listen. He spent the rest of his life helping other people find God. In the meetings he held, anyone could be the preacher, even women and children could speak if they heard God's message. Sometimes they would all sit quietly without saying a word for hours at a time. They were trying to listen for God. Other times God would give one of them some words of truth to be shared with the others gathered. They met regularly to find God's Truth. Fox's mission was to take people to Christ and leave them there so that they could be taught directly by Christ.

- adapted from *George Fox, The Man Who Wouldn't...* by Sophia Lyon Fahs

FRIENDS AND THE SACRAMENTS

I baptize you with water, but he will baptize you with the Holy Spirit.
Mark 1:8 (NIV)

Lesson 6

Opening Icebreaker

Art-a-Back

Lead-In Activity

Open Discussion

PowerPoint

Fact or Myth

DVD Segment 1

Worship &
the Sacraments

Small Group
Discovery

Queries

Closing Applications

Bible Study: Spiritual
Markers

Sticky Note Activity

Open Worship

Closing Prayer

Additional Activities

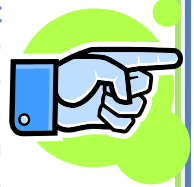
“Friends and the
Sacraments”
Brochure

Attachments

Brochure

Opening Icebreaker: Art-a-Back

Form teams with your group. Any number will work, but at least four in each team is best. With a small group, just form one team. Instruct them to sit on the floor, in a line, one person behind another, looking at the person's back in front of them. The first person in the front of each line receives a piece of paper and pencil or marker. No talking is allowed by the team from this point and everyone must face forward. The person in the back of each line is shown a picture of a simple drawing of an object (house, cup, candle, sunset, clouds and birds, etc. ...). The person in the back of each row uses their finger to draw the image on the person's back sitting in front of them. This drawing continues to the front person. The front person then draws onto the paper what they have felt drawn on their back. Compare the finished drawing with the original.



Discussion:

- What made this exercise difficult? (*The final product depended on one person's ability to draw and pass on their best at portraying the identity of the image ... then another, and another, until finally, the one to draw on paper. The picture handed down was only their perception from what had been shared.*)
- How can this be related or compared to our faith and our beliefs?

Lead-In Activity: Open Discussion

It is often helpful and enriching to ask the students about their past experiences with the sacraments. This gives students a chance to tell about their faith journey, and it gives the teacher a chance to affirm the Christian experiences of others with the sacraments, while still teaching the Friends view.

A few questions to ask could be:

- Have any of you ever experienced water baptism or been present for others?
- What was that experience like for you?
- Have you been part of church that carried out a process of communion?
- Tell us how it was done, and what it meant to you.

PowerPoint Presentation

Fact or Myth

Key Points:

- Myths about Quakers
- Definition of Sacrament
- Friends do believe in baptism!
- Quakers have different view of baptism
- Quakers do not criticize others for practicing water baptism
- Baptism in the Bible
- Baptism of the Holy Spirit
- Baptized to be Saved?
- Quakers do practice Communion
- Different views of Communion
- Quakers understanding of Communion

QUAKER QUOTE

“If one has had the experience of an inward, spiritual transformation, no outward forms are necessary. If one has not, no outward forms will suffice.”



- Elton Trueblood

DVD SEGMENT 1: Worship and the Sacraments

Small Group Discovery

Provide an example of a demonstration that helps to explain: "Friends prefer the inward rather than the outward. We believe deeply in the spiritual reality behind these forms ... It is the inward experience, not the outward rite, that has seemed to Friends important." (F&P, 31)

Your demonstrated example could be a coffee mug that is clean on the outside but dirty (very, very dirty) on the inside. Wipe it clean on the outside and ask if it is now clean enough to drink from. Each small group is challenged to come up with their own example or demonstration of this teaching. Give groups 5-10 minutes to prepare and then share with everyone else.

What would you say to a Friend who wanted to know why you were not water baptized and have not taken physical communion?

How do Quakers practice inward, spiritual baptism and communion?



Closing Applications

Bible Study: Give a quick overview of the journey of the Israelites from captivity in Egypt to the Promised Land.

Key Points:

- Bondage in Egypt
- Moses chosen as the Deliver
- The Exodus or escape
- God's Guidance
- Complaining & Needs, the Manna & Water provided
- The 10 Commandments (2 Sets)
- 40 Years of Wandering
- Generation Change - Death of Moses
- Entering the Promised Land

Spiritual Markers

One thing that outward rituals can do for us is to provide a marker for some transition times in our lives. These moments in Israelite history were significant points in their experience with God.

What times in your life have been marked as key turning points, learning points, spiritual high's or low's, major blessings, or times of struggle or great need for God to save the day?

Do you have cherished moments throughout your spiritual journey that serve as markers, reflecting your commitment to Christ?

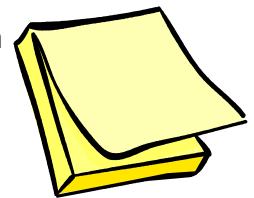


Sticky Note Activity: Give each participant a pad of sticky notes. Their goal is to stick the notes on others without getting notes stuck on themselves. They may not pull off a note once it has been stuck to them, but if the notes fall off, they are not required to pick it up and stick it back on. Give the group five minutes to run around, sticking notes on as many people as possible. After time is up, each person must gather the sticky notes that are stuck to them. Give each person a blank sheet of paper and tell them to line their notes up across the paper. For each note, have them come up with one "marker" in their life.

Open Worship: Have students reflect on their own spiritual markers and allow them to share as they feel led. It is suggested to play a worship CD in the background.

Closing Prayer

Additional Activities:



Share a copy of the brochure "Friends and the Sacraments" as additional information to take home.

Friends and the Sacraments

Fact or Myth??

Quaker Myths

- All Quakers wear grey
- Quakers are the same as the Amish
- Quakers look like the Quaker Oats guy
- Quakers don't use electricity



What is a "Sacrament"?

- Traditional ceremony where material things (like water, ritual bread, or wine) are given a spiritual meaning.
- "a visible sign of an invisible reality" - Saint Augustine

#1) Fact or Myth?

Friends do not believe in baptism.

MYTH!

Friends Do Believe in Baptism!

- Baptism of the Holy Spirit, not water baptism, is essential to being a Christian

#2) Fact or Myth?

There are Christian groups other than Quakers that hold a different view of baptism.

FACT!

Differences on Baptism

- Sprinkle
- Immersion (going completely under water)
- Pouring
- Immersion in a River
- Infant Baptism



#3) Fact or Myth?

Friends look down upon those who have been baptized in water.

MYTH!

"Friends do not, however, belittle the reverent and spiritual use of the sacraments when they are a part of vital worship. They simply do not themselves feel the need for them."

Faith and Practice, p.31

Baptism in the Bible

- Baptism comes from the Greek word, "baptizo" which means "to immerse" and is not limited to immersing in water
- Jews were baptizing converts before Jesus came
- Jesus fulfilled the significance of many of the Jewish rituals

Baptism of the Holy Spirit

- Baptism of the Holy Spirit from Jesus overrides the water baptism of John the Baptist
- Matthew 3:11 quotes John the Baptist: "I baptize you with water for repentance. But after me will come one who is more powerful than I, whose sandals I am not fit to carry. He will baptize you with the Holy Spirit and with fire."

Baptism of the Holy Spirit

- Happens when a person receives Jesus Christ by faith
- Unites a soul with Christ as a new creation.
- "For we were all baptized by one Spirit into one body - whether Jews or Greeks, slave or free - and we were all given the one Spirit to drink" - 1 Cor. 12:13

Is Baptism Essential...

- To be saved?
 - In Luke 23:39-43, Jesus promises eternal life to the thief on the cross.
- Because Jesus was baptized?
 - Jesus' baptism (Mark 1:9-11) was for a different purpose than water baptism today.
- According to "the Great Commission" (Matthew 28:18-20)?
 - Jesus isn't giving a formula to follow, but is speaking of the implications of conversion

#4) Fact or Myth?

Quakers practice communion.

FACT!

#5) Fact or Myth?

Friends are not the only denomination who have a different view of communion.

FACT!

Different Views on Communion

- Grape juice vs. wine
- How often should it be observed?
- Who can participate?
- Who can officiate?
- What is its significance?
 - Literally Jesus body and blood
 - Christ's presence "hovers" over the bread and wine
 - It is a symbolic reminder of Jesus sacrifice

Quaker View of Communion

- "Friends believe that worship is a personal, positive act of seeking, rather than a performance-that communion is an inner spiritual experience rather than an outward observance." - *Friends & the Sacraments*, Seth Hinshaw
- Communion with Christ happens, not through using symbols, but by a day to day process of spiritual worship and abiding in Christ.

Quaker View of Communion

- "Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me." - Revelation 3:20

FRIENDS AND THE SACRAMENTS

THE QUAKER FAITH IS POSITIVE

FRIENDS BELIEVE in the baptism of the Holy Spirit, as set forth in the New Testament.

FRIENDS BELIEVE that communion with the Living Christ is an inward, spiritual experience.

FRIENDS BELIEVE that worship should be “in spirit and in truth.” This makes the performance of ceremonial rituals unnecessary.

FRIENDS RESPECT the reverent use of rituals by other people who may find them helpful. All people have the right to approach God in whatever ways seem to them to be right and good. Our simple statement is that for ourselves we do not find external rituals to be necessary. The purpose of these brief paragraphs is to explain why Friends omit the use of bread and wine and water baptism.

A SPIRITUAL DISCOVERY

The founder of the Quaker movement, George Fox, *discovered* that the life-transforming encounter with the Living Christ which he sought actually came as the result of intense personal seeking and *not* through the performance of rituals prescribed by the established church.

The Quaker position was not a pre-planned doctrine but rather the result of actual experience. In seventeenth century England, Fox and many like-minded seekers assembled to worship “in spirit and in truth.” In so doing, they *discovered* that they could commune with the Living Christ without the performance of outward ritual of any kind. They simply continued to worship in this manner. Thus the simple form of Quaker worship came into existence.

As a devout student of the Holy Scriptures, George Fox came to the conclusion that Jesus did not institute any external rituals whatsoever, either as a rite of initiation into the Christian faith, or as a formal observance in worship.

From that day forward the Society of Friends (Quakers) has emphasized inward spiritual reality, rather than outward performances.

BIBLE COMMANDMENTS

One needs to distinguish between literal and spiritual interpretations of scriptural commandments.

For example, Jesus told his disciples that they should wash one another’s feet (John 13:14). We believe that for us in our day, this means humble service and not necessarily the literal use of water and towels.

Conditions and circumstances change through the centuries. Many things that were customary in Bible times are not necessary in our day. Old Testament customs such as burnt offerings and certain feast days belong to an era that has passed. In New Testament times, Paul commanded Christians to greet one another with a holy kiss. He commanded women to wear their hair long, to keep silent in church and other things belonging to first century customs and circumstances.

It is not the letter but the spirit of the Gospels which is vitally important (II Cor. 3:6).

Spiritual discernment enables us to distinguish between literal and spiritual interpretations, between essentials and nonessentials.

THE BREAD OF LIFE

Jesus said, “I am the bread of life” (John 6:35). Friends understand that this is to be given a spiritual interpretation. Bread and wine can be symbols only.

Friends bear witness to the truth of the words spoken by the Eternal Christ in Revelation 3:20: “Behold, I stand at the door and knock: if any man hear my voice, and open the door, I will come in to him, and sup with him, and he with me.” This is Quaker communion—an inward personal experience. To this we aspire in our simple mode of

worship. We commend this experience to all persons everywhere.

In talking to his disciples at the Passover supper, Jesus spoke of “eating his flesh and drinking his blood.” This was not literally intended, nor was it literally possible. Only a spiritual interpretation is reasonable. Absorbing the Spirit of Christ is achieved, Friends believe, not through the use of symbols, but rather through the day-to-day process of spiritual worship and inward communion.

As to the bread and wine used at the Passover supper, one should remember that Jesus and his disciples were Jews. They were observing the Jewish Passover (feast of unleavened bread). Friends hold that Jesus was merely giving a new meaning to the old Jewish Passover and *not* instituting an external ritual for the church-to-be.

Among the four Gospels, Friends turn most often to the Gospel of John, which emphasizes most fully the spiritual interpretation of the Christian faith. In this gospel, more than the others, the supreme emphasis is placed upon humble service and sacrificial love. The literal use of bread and wine is not mentioned.

THE EXAMPLE OF JESUS

It can be pointed out that Jesus himself was baptized in the river Jordan.

This is true. Jesus was a Jew. He grew up in a Jewish home, in the Old Testament tradition. He observed Old Testament customs. He was dedicated in the Temple. He observed the Passover and other feast days. He offered the customary sacrifices, attended worship in the local synagogue and kept the *seventh* day as Sabbath. There were many things in his early life which are not required of us today.

Water baptism, a rite of symbolic purification, was a Jewish ritual in existence *before* the time of Jesus.

THE WATER OF LIFE

Friends do not practice water baptism for the simple reason that they do not find it to be necessary. St. Paul said, "One Lord, one faith, one baptism, one God and Father of all..." (Eph. 4:5). For Friends this one essential baptism is the Baptism of the Holy Spirit. This is a continuing experience, not a once-in-a-lifetime event.

John the Baptist, forerunner of Jesus, foresaw that his symbolic water baptism was to be replaced by a spiritual experience in the days just ahead. He said, "I indeed baptize you with water, but He that cometh after me... shall baptize you with the Holy Spirit" (Matt. 3:11). He also said, "He must increase, but I must decrease" (John 3:30). He recognized clearly that his preaching and his water baptism were preliminary in nature, with something greater to follow which would make his symbolic water baptism obsolete.

The use of the ritual and ceremony developed very early in the Christian church, but Friends insist that this was not commanded by the Lord himself. The water baptism practiced by the early church may have been helpful to new converts as an initiation rite under certain circumstances, but Friends hold that even then it was not essential to salvation. The Gospel of John clearly states that Jesus himself did not baptize, "only his disciples" (John 4:2).

In interpreting the statement of Jesus concerning being born of water and the Spirit, it should be remembered that in the original Greek text of the Gospels the words are "water" and "wind," both symbolic. Obviously Jesus was referring to flesh and spirit, for man is both body and soul. Friends hold that neither entering a gale of wind nor a pool of water—literally—is essential to salvation.

Paul baptized only a few, a very few, of his converts. He did not remember just how many. "For Christ sent me not to baptize, but to preach the gospel."

IN SUMMARY

When the Apostles and other leaders in the early church assembled at Jerusalem to decide what ceremonial observances should be required of Gentile converts, the conclusion reached, under the guidance of the Holy Spirit, made no mention of rituals (Acts 15).

Friends, believe that Jesus called his followers to a simple, direct, spiritual form of worship. The day of Old Testament rituals had passed. A new era had come. Jesus sought to "cleanse the temple" of external ceremonial observances. The approach to God in prayer was simple and direct: "When you pray, say 'Our Father...'"

Friends believe that worship is a personal, positive act of seeking, rather than a performance—that communion is an inner spiritual experience rather than an outward observance.

The Quaker position is well expressed in the inspired words of Micah: "He has showed you, O man, what is good; and what does the Lord require of you, but to do justly, love mercy, and to walk humbly with your God?" (Micah 6:8).

For further reference see *Faith and Practice: Book of Discipline*, relevant sections; also *Friends and Water Baptism* by Edgar H. Stranahan.

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FRIENDS AND THE SACRAMENTS

A BRIEF STATEMENT

SETH B. HINSHAW

NORTH CAROLINA
YEARLY MEETING OF FRIENDS

Lesson

7

Opening Icebreaker

Clothespin Game

Lead-In Activities

Two Truths and a Lie

Scripture Scramble

DVD Segment 1

John Woolman Visit

DVD Segment 2

Lucretia Mott Visit

Good Stewards

Closing Applications

Scripture Glance

Paper Sack Potential

"I" Chart

Open Worship:
Looking into a
Crystal Ball

Closing Questions

Additional Activities

Practice Simplicity

Recycling

Do As I Say,
Not as I Do

Cookie Distribution

Attachments

John Woolman
Monologue

Lucretia Mott
Monologue

"I" Chart

Integrity and Simplicity

You are the light of the world. A city on a hill cannot be hidden.
Matthew 5:14 (NIV)

Opening Icebreaker: Clothespin Game

Supplies: 6-8 clothespins per student

Give each student 6-8 clothespins to pin on their clothing. The object of the game is to give away all their clothespins by pinning them on other people's clothing. At the end of the game the winner is the person with the fewest clothespins.

Lead-In Activities

Two Truths and a Lie

Have the students come up with two true statements and one false statement about themselves. Students share their statements with the group and have the others try to guess which statement is false.

Scripture Scramble

Divide group into teams. Cut apart the words of Scripture - Matthew 5:36-37. One full set for each team. This will be a race to put the verse in order.

"And do not swear by your head, for you cannot make even one hair white or black. Simply let your 'Yes' be 'Yes' and your 'No' be 'No'; anything beyond this comes from the evil one."

Discussion: Do people lie about themselves in the real world? How does it make you feel when someone lies to you or about you or someone else? How honorable are your words? Do you live what you say you believe?

DVD Segment 1: What R Testimonies & Life and Action



Visit by John Woolman

John Woolman's belief in equality went beyond his concern about slavery. He lived in a time of tension between Native Americans and white settlers, and worked to promote understanding between the two groups. Shortly after a settlement had been attacked, Woolman and a friend set out to visit the Native Americans. They were very successful at reaching a mutual respect with the Indians, helping to soothe some of the ill will that had been so detrimental to their relationship.

DVD Segment 2: Integrity

Visit by Lucretia Mott

Lucretia Mott lived a simple life by being willing to give up unnecessary, luxurious things in order to focus on God's calling. Though she was often involved in controversy, challenging the beliefs and practices of others, she was a devoted Quaker woman who let her love for God and others flow through all she did.

Good Stewards: Psalm 24:1 reminds us that the earth is the Lord's and everything in it belongs to Him. Therefore, to honor God we should take care of his earth and the natural resources in it. By doing things like recycling and cutting down on the amount of "stuff" we are using, we can preserve precious resources like clean water, trees, clean air, and land.

QUAKER QUOTE

"The mere trimmings of the vain world would clothe the naked."



– William Penn



Closing Applications



Paper Sack Potential

Supplies: One paper bag for every 4-5 students filled with various random items (Example: paper towel rolls, tape, cotton balls, gift bows, small toys, spoons, paper plates, empty soda cans, other random household items)

Have the students form teams of 4-5 people. Give the groups 10 minutes to make a list of as many uses as possible for the items in their paper bags. At the end of 10 minutes have the groups share their lists. Say: "By creating new uses for ordinary things, we can be good stewards of what God has given us. We often fail to use our many resources to their potentials and are often wasteful. How can we become better stewards of what God has given us?"

Scripture Glance

Integrity & Simplicity

Matthew 6:19-21 (All girls read)

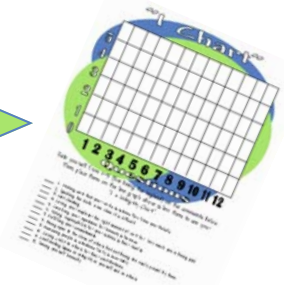
Matthew 6:25-34 (All guys read)

Psalm 24 (Everyone read chapter aloud)

What is the message in connection to these two Testimonies?

Integrity Chart

Provide each person with an "I Chart" and have them gauge themselves.



Open Worship: Looking into a Crystal Ball

Read the following to the students as they center into a time of worship:

"Imagine you find a crystal ball. An image appears on the glass and you take a closer look to see what it is. In the image you see masses of people barbecuing steaks in their nice, spacious backyards. Then another scene appears of an African child with a bloated tummy, crying because she is hungry.

"You see visions of people watching color televisions and munching on snacks, then, into the image, comes masses of poor people eating food out of dumpsters with only a cardboard box for a home.

"You see reports of major companies paying little or no taxes but paying record breaking salaries to their executives, and then you see 20 people in India living in one thatched roof hut.

"You see a doctor's office with a typical American having a check-up, getting shots, and talking to their doctor about nutrition and healthcare, but then you see a little boy dying of malaria because his family didn't have money for healthcare and medicine.

"You see a nation of people with not one but two cars in the garage but then the crystal ball switches over to a family of migrant farm workers sweating in their seven-days-a-week, 12-hours-a-day jobs making \$50 a week.

"Then you see what appears to be the face of Jesus. His eyes are misty and there's a tear on his cheek. Then, flashing like a mirror, you gaze into the crystal ball and see yourself."

- Adapted from J. Brent Bill "How to Be A Friend in an Unfriendly World"



Closing Questions

Read quietly and prayerfully to the group: These words described Friends in our yesterdays. Do they describe Friends today? Will they stand true for your generation?

- "The lives of Friends should be characterized by simplicity and sincerity."
- "The Quaker is more concerned for the progress of the kingdom of God among men than for power, prestige, and possessions. He is eager to do what he can in his lifetime to see men and women brought to Christ, to see all people given justice and equal opportunity, and to see the conditions for world peace sought and maintained. His whole life is considered to be a sacred stewardship."

Faith & Practice pgs. 51-52

Additional Activities

- **Practice Simplicity:** Have young Friends pledge to give up something for a week (buying new clothes, wasting gas, eating meat, drinking soda). At the end of the week have them report on how it felt to go without those things.



- **Recycling:** If your meeting does not recycle, have the young Friends start a recycling program. If they already recycle, encourage other ecological ideas such as washing dishes rather than using disposable ones at meals.

- **As I Say, Not As I Do:** This game is a variation on Simon Says. The leader calls out something to do (example — put your hand on your stomach) but does something different (example — puts his/her hand on his/her head). If kids do what the leader does rather than what he/she says, then they are out. Say: “How many of you have heard your parents say, ‘Do as I say, not as I do?’ Part of living with integrity is not only saying what you believe but living it out as well.”

- **Cookie Distribution:** (*Supplies- Cookies, at least 10 but probably 1 per student*) Here’s another way to look at the distribution of world resources. Divide the students into 3 groups. One group should have 10% of the students (United States), one group should have 30% of the students (Other Developed Nations), and one group should have 60% of the students (Developing Nations). Bring in a box of cookies. Give the US group 6 cookies. Give the developed nations 3 of the cookies. Give the developing nations 1 cookie.



Have the students discuss how they feel about this distribution.

“Visit” from John Woolman

(Enter actor dressed as John Woolman)

Woolman: I come to you today as John Woolman. I was born in 1720 to a Quaker weaver and farmer who taught me the early on the value of hard work. I recorded a childhood incident in my *Journal* that gives an example of what was important to me in terms of my moral character. Would you mind if I read it, Friends?

“Once going to a neighbor’s house I saw on the way a robin sitting on her nest, and as I came near she went off, but having young ones, flew about, and with many cries expressed her concern for them; I stood and threw stones at her, until one striking her, she fell down dead. At first I was pleased with the exploit, but after a few moments was seized with horror, as having in a sportive way, killed an innocent creature while she was careful for her young. I beheld her lying dead, and thought those young ones, for which she was so careful, must now perish for want of their dam to nourish them; and after some painful consideration on the subject, I climbed up the tree, took all the young birds and killed them; supposing that better than to leave them to pine away and die miserably.”

I learned from this experience that it is wrong to “say that we love God and at the same time exercise cruelty toward the least creature moving by His life.” Another issue of the utmost importance to me was slavery. When I was twenty, I decided that farm life was not for me and went to work at a general store in town. One day my employer asked me to draw up a bill of sale for a slave he owned, and I was much troubled by this. Eventually I decided to do it since the slave was going to an elderly Friend and would be treated well, but I told both parties that I felt slavery was a practice that went against the Christian faith. The next time I was asked to write a bill of sale for a slave, I politely declined.

As a traveling minister, I had many opportunities to share my views on slavery and the equality of all people. When those I stayed with were slave owners themselves, I always attempted to reimburse their slaves for their labor, often to the embarrassment and frustration of the people who had offered me hospitality. I was always polite but firm in my upholding of the testimony of equality, and eventually Friends came around to see the truth in this matter.

I also felt that I could not take advantage of the labor of slaves in any way, and so I did not use dyed cloth, for the dyes were made by slaves. Instead I wore plain, un-dyed clothes. I did not use West Indian sugar or molasses or any other products raised by slave labor. This was a very unique witness to the Friends of my day. Because I gave up these things that most people had, my dress and diet were much different than other people, but I did not care. To me, it was more important to live out my values than to follow the current fashions of my day.

I wrote in my journal that “To conform a little to a wrong way strengthens the hands of such who carry wrong customs to their utmost extent.” By this, I meant that if we conform even a little to the wrong way, we are supporting people who do terribly wrong things. I believed that if I enjoyed or used products made by slave labor, then what I was really doing was supporting the evil of slavery and slave-owning. This is what integrity means to me. Not only should we strive to be honest in the words that we say but our entire lives must be consistent. We have to live out our beliefs in the words we say and the actions that we do.

I hope you young Friends will wait on the Lord to show you what must be done in your day.

(Exit John Woolman)

“Visit” from Lucretia Mott

(Enter student or volunteer dressed as Lucretia Mott. If possible she should wear a grey dress and Quaker bonnet with a ragged shawl.)

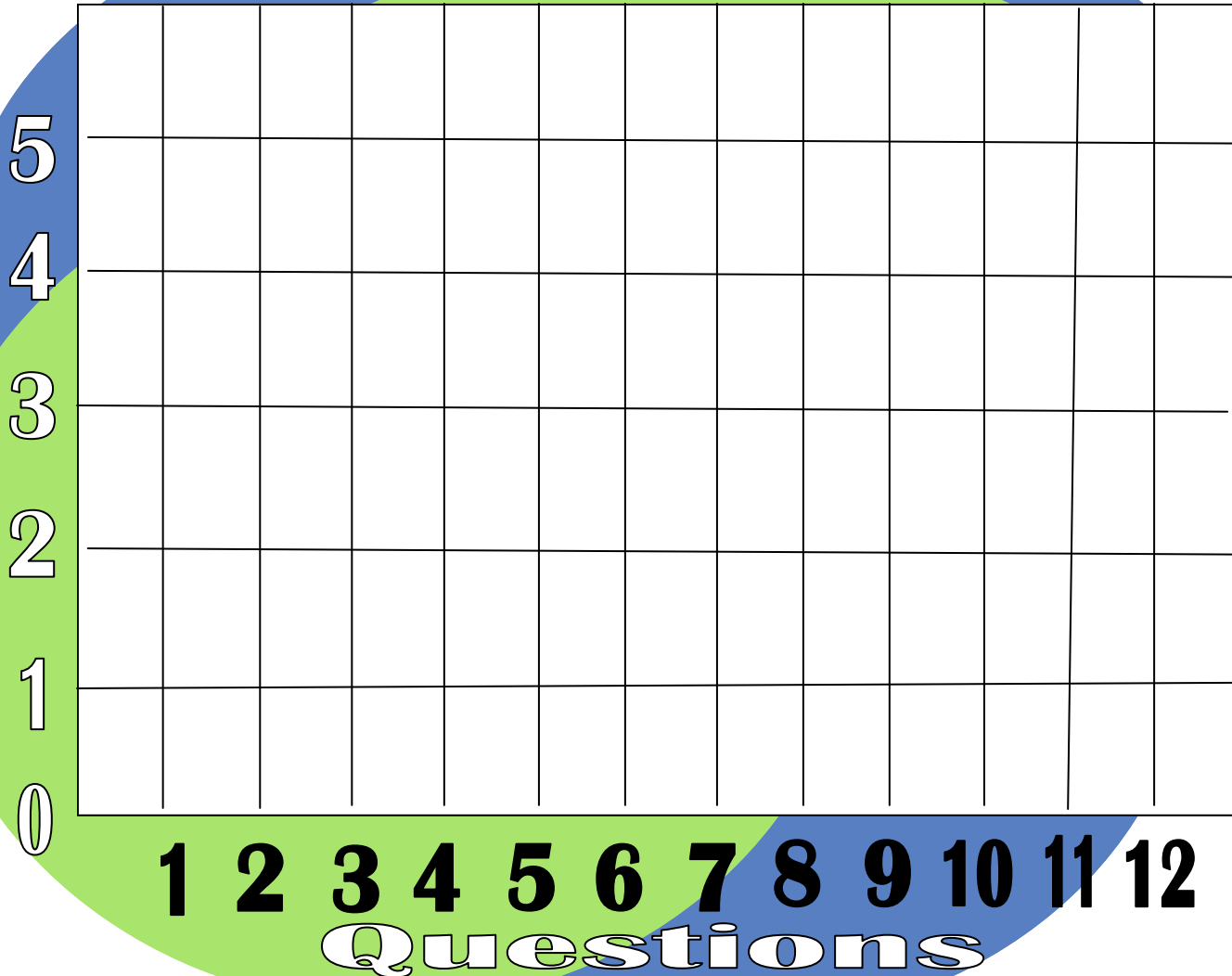
LM: I was born in 1793 on Nantucket Island, the daughter of a sea captain. As a child, sitting still in meeting was hard for me. Once when I was daydreaming, I happened to hear some Friends speaking about simplicity. They were saying that worldly pleasures could be a stumbling block in a person’s spiritual life. I was so anxious to be a good Quaker that when I went home from meeting, I went up to my bedroom and looked at my clothes. I thought: “They couldn’t be any simpler. What can I do to be the best Quaker I can be?” As I thought this I looked down and on my shoes were little blue bows. I was still determined to do something so I got the scissors and snipped those bows off. Many years later, when I was given a beautiful shawl with a lovely fringe around the bottom, I remembered the testimony of simplicity and cut off most of the fringe, leaving a ragged, knotted edge. I couldn’t bring myself to cut it all off. I wore the shawl for many years with the ragged edge.

When I grew up I married James Mott and we lived in the Philadelphia area. We had a family of six children. My children’s parties became famous because I gave each child little packets of candy with anti-slavery messages on them, such as “Take this, my friend, you need not fear to eat it; No slave hath toiled to cultivate this sweet.” I was never able to separate my religion from my everyday life. When my son died of fever, I nearly died myself. After this experience, I was moved to speak in meeting and I discovered I had a gift for inspiring others with my ministry. I became a Quaker minister shortly thereafter. I am told that my power as a public speaker was rare for a woman in my day.

I was appointed by Philadelphia Yearly Meeting to attend an anti-slavery event in England, and I traveled by boat to go there. I was astonished when I was refused my seat at the conference because I was a woman. I returned to Philadelphia determined to work for women’s rights. I presided over the first Convention of American Women in Pennsylvania Hall. A mob broke into the Hall objecting to the anti-slavery program of the convention, not to mention the presence of negroes in the Hall. I was frightened by the mob, but I held firmly to the integrity that had been instilled in me and I stood by my principles. African-Americans were always welcome at my home and white people who didn’t like it were welcomed not to return.

By living simply and not worrying about nice clothing or how I looked, I was able to devote more time to important causes like the abolition of slavery and working for women’s rights.

"I Chart"



Rate yourself from 1-5 (five being the highest) on the comments below.
Then, place them on the line graph above & link them to see your
"I = Integrity Chart"!

- 1. Making sure that your words and actions flow from your beliefs
- 2. Speaking the truth, even when it is difficult
- 3. Not cheating
- 4. Giving your employer the right amount of work for how much you're being paid
- 5. Guarding your reputation for honesty and fairness
- 6. Taking responsibility for your actions and their results
- 7. Fulfilling your commitments
- 8. Being open to the ideas of others but not being too easily swayed by them
- 9. Assessing people and situations fairly and accurately
- 10. Giving credit to others for their contributions
- 11. Confronting lapses in integrity in yourself and in others
- 12. Seeing yourself honestly

PEACE AND COMMUNITY

Lesson 8

Opening Icebreaker

Paper Clip Hug

Lead-In Activity

Peace Acrostic

DVD Segment 1

Discussion

DVD Segment 2

Queries

William Penn
Visit

DVD Segment 3

Tension in
Relationships

Closing Application

Open Worship

Scripture

Prayer

Additional Activities

Newspaper Power

Peace Vigil

Panel Discussions

Field Trip

Attachments

William Penn
Monologue

Blessed are the peacemakers, for they will be called sons of God.

Matthew 5:9 (NIV)

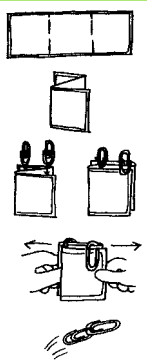
You're blessed when you can show people how to cooperate instead of compete or fight. That's when you discover who you really are, and your place in God's family.

Matthew 5:9 (The Message)

Opening Icebreaker: Paper Clip Hug

Preparation: Cut out a dollar-bill-sized piece of green paper for each expected student. Fold the paper in an S shape. Be sure to attach the paper clips with the short loops facing you. Once clips are attached, pull the ends of the dollar-bill-sized paper with a quick snap. If paper was folded correctly and clips in the right place, the paper clips will link together as they go flying into the air. (Practice) Give each student a prepared clip hug.

Say to your students: *I have a lesson today that will certainly challenge us all. These two Quaker Testimonies can challenge us on a daily, personal, and world-wide level - PEACE & COMMUNITY.*



Instructions: We will be challenged today to live our lives remembering that God created us all, and His love can unite all people. Each paper clip is separate, with the same paper running through both clips. By pulling on the paper, the clips are joined together. Demonstrate and then challenge everyone else to carry out the trick. How many were successful? Let students attempt the trick again. This time they are folding paper and placing on clips. Eventually, you will need to share the keys to the trick: the precise fold and placement of the clips.

QUAKER QUOTE

"If we believe that war is wrong, as everyone must, then we must also believe that by proper efforts it can be done away with."



- Lucretia Mott

Lead-In Activity

PEACE Acrostic

Instructions: Use this on the board or a poster as an introduction to the lesson. You may also give each student a small piece of paper to formulate their own acrostic.

Example:

- P reserve Life
- E xtend Forgiveness
- A im to build Relationships
- C ease violence and suffering
- E xplore options to Resolve Conflict



DVD Segment 1: Peace

What comes to mind when you hear the word *peace*? Perhaps you think of a hippie holding up two fingers, or a white dove, or the familiar circular sign. Maybe you imagine a calm lake or a sleeping baby. Peace can mean different things to different people.

Faith and Practice, pages 47-48: "We condemn war as the greatest violation of the sacredness of human life and reaffirm our faith that all war is absolutely contrary to the plain precepts of Christ and the whole spirit of His Gospel... It is our purpose to live in that spirit that takes away the occasion for war and to suffer violence, if necessary, as did our Lord, but never return evil for evil."

DVD Segment 2: Peace



Which PEACE is harder for you to find –

Peace with God?

Peace with *family, friends, and community*?

Peace among *nations*?

Peace within *yourself*?



Visit by William Penn—By replacing his sword with love, William Penn practiced what he preached and preached only what he practiced. He lived out the Quaker testimony of peace by giving up his sword and by establishing a colony based on freedom and brotherly love. Through his just dealings with Native Americans he treated them fairly and avoided bloody fighting between them.

DVD Segment 3: Community



Tension in Relationships

Gather everyone in a circle. Pass out a variety of rubber bands, some thin ones, a few large ones, and thicker ones. Each person takes one. Participants hook a finger inside the rubber band and link together with the person on their right and left. Everyone should be linked in one big circle by a rubber band on the right and left. Have group members to gradually step back stretching the rubber bands between them as far as possible, without a break! Observe the responses from everyone as they are being stretched.

Discussion: What will happen if you continue to step back? Who will likely be hurt when the band breaks? How is this tension the same as with parents, family, friends, and enemies? How does this exercise connect with relationships, community building, bonds with others, etc.?

Closing Application

Open Worship

How important is it that we are at PEACE with God, ourselves, family, friends, community, or peoples?

Read Scripture

Quaker Challenge from George Fox: “We should stop fights and start friendships.”

Closing Prayer

This is how I want you to conduct yourself in these matters. If you enter your place of worship and, about to make an offering, you suddenly remember a grudge a friend has against you, abandon your offering, leave immediately, go to this friend and make things right. Then and only then, come back and work things out with God.

Matthew 5:23-24 (The Message)

Additional Activities

- **Newspaper Power:** Give half of the students rolled up newspapers or other kinds of thick paper rolled up. Have the students with and without newspapers interspersed throughout the room. Tell the students they have three minutes to ‘use’ their newspapers. Do not suggest they use them as weapons; just tell them to ‘use’ them. It is very likely that some or all of the students will use the newspapers to hit each other. Then have them change places for another three minutes.
- **Peace Vigil:** Organize and sponsor a peace vigil at your meeting to pray for peace.
- **Panel Discussion:** Organize a panel of speakers from your meeting or surrounding area made up of Friends who have lived out the peace testimony in different ways. (Ex: a Quaker who has served in the military, a conscientious objector, Friends who practice war tax resistance, etc)
- **Field Trip:** Take young Friends to see “The Sword of Peace” an outdoor drama about Quakers’ stand for peace during the Revolutionary War in Snow Camp, NC. Website www.snowcampdrama.org or brochure for schedule and tickets.

Visit by William Penn – Peace

(Enter student dressed as William Penn. If possible he can wear a Quaker hat and carry a sword as a prop which he will later lay down.)

William Penn: I was born in London in 1644. My father was a naval officer who was knighted as Admiral Sir William Penn. I had an experience when I was ten years old that prepared me for my later conversion to Quakerism. I was alone in my room when the room was suddenly infused with “a glow of light.” It lasted only an instant but it left me feeling warm and very close to God. This feeling stayed with me throughout my youth. I was what you might call a rebel. While I was at Oxford University in 1660, I opposed the law that everyone must attend the Church of England because I believed in religious freedom. I met with other rebellious students and I was eventually expelled from school. My father didn’t approve and he sent me to France and Italy hoping I would forget my religious ideas (what a punishment, huh?) For awhile this worked, and I became focused on trends and fancy dress. But then in 1667 my father sent me to Ireland to manage some of his estates. There I met Thomas Loe, a Quaker, who convinced me of the truth of the Quaker way of life with its simplicity and non-violent ways. These were hard times for Quakers who were mocked, imprisoned, and sometimes put to death. I myself was put into prison three times.

When I returned to England the suffering of my people during the Black Plague and the London Fire deeply depressed me. I went to Ireland on family business at that time and attended a Quaker meeting where one Thomas Loe spoke. I sat among those plain-dressed Friends in my sword and plumed hat. When Friend Thomas had finished speaking, I was so moved that I could only stand and cry. I was 22 years old when I left that meeting and started out in my new life. I adopted a new style of Quaker clothes, simple but elegant. I had a hard time giving up my sword. I asked George Fox what I should do and he said, “Wear it as long as thou canst.” I soon found my heart too full of love to carry a weapon of steel at my side.

I served many months in English prisons because of my Quaker beliefs. When I came out of prison, I was determined to establish a colony in the New World where people could worship as they chose. I married a Quaker girl named Gulielma Springett. My father died in 1670. The king, Charles II, owed my father £16,000 (which was a lot of money back then!). After my father’s death, I asked the king to repay the debt with wilderness land in America. In 1681, a charter was granted and the hope of going to a new land of religious freedom was realized for many Quakers. In October of 1682 I sailed up the Delaware River and made a treaty with the Native Americans. I tried to always be fair and honest with them, rather than cheating them and stealing their land like so many settlers did. This may have been why they never attacked the colony. Under the charter granted to me by the king, I was given full power over the wilderness area granted to me. The king’s council named it Pennsylvania or “Penn’s Woods.” I wanted the colony to be a “commonwealth,” a “Holy Experiment” of a group of people united by common interests, and these interests were to be freedom, democracy, and peace.

I believe that today, the people who become Quakers are drawn to this faith because of our actions which show what we believe. You have heard people say 'Practice what you preach.' Well, I believe we should 'preach only what we practice.' All people are equal and have rights as children of God and we are called to live at peace with everyone. Jesus was talking about this when he said that the Kingdom of God is here and now. God is present. God speaks to us. It is our part to respond and listen to that of God in every person.

My goal is to seek God's will for me in the relationships of nations and of people. It means to love and to serve and live in peace. This is what I believe."

(Exit William Penn)

Lesson 9

Opening Icebreaker

Game: Outsiders
Discussion

Lead-In Activity

Common/Unique

DVD Segment 1

Levi Coffin Visit

Queries

Rainbow of
Peace 'n' Love

Closing Applications

Open Worship

Scripture

Queries

Prayer Cards

Additional Activities

Elizabeth Fry Visit

Attachments

Levi Coffin
Monologue

Elizabeth Fry
Monologue

Equality

Live creatively, friends. If someone falls into sin, forgivingly restore him, saving your critical comments for yourself. You might be needing forgiveness before the day's out. Stoop down and reach out to those who are oppressed. Share their burdens, and so complete Christ's law. If you think you are too good for that, you are badly deceived.

Galatians 6:1-3 (The Message)

Opening Icebreaker: Outsiders

Choose one person from the group to be an outsider. Have everyone else make a circle and link arms and legs so that the outsider cannot get in the group. Give the outsider about three minutes to try to break through the group and become a part of it. Give several students the opportunity to be the outsider.

Discussion: How did it feel to be an "outsider" in the game? What can make a person feel like an "outsider?" Are there people in your life that are "outsiders?" How can you welcome them into your community and help them receive equal treatment?

Lead-In Activity

Common/Unique

Form groups of five to eight people, giving each group two pieces of paper and a pen. Each group compiles a list of the things they have in common as a group. In order for it to make the list, it must apply to everyone in the subgroup. Avoid writing things that people can see, like everyone has hair, is wearing clothes, etc... Get them to dig deeper. After five minutes of compiling, have each group share their list with whole group.

In the second phase, you can switch people around, or leave them in the same small group. This task is to list those unique qualities within the group. On the second sheet of paper have them to record those things that only apply to ONE person within the small group. The small group should strive to come up with two unique things to list for each person in their small group. Again, go beyond the superficial. Have groups share.

DVD Segment 1: Equality

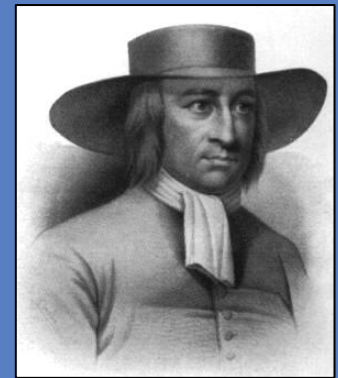


Visit by Levi Coffin

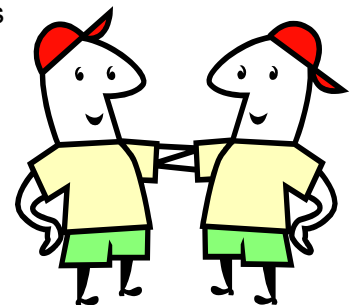
Levi Coffin was a successful Quaker businessman. He was always careful to tell the truth, even if it was not the *whole* truth about a runaway slave. Once a marshal asked if he had seen two runaway slaves and he said, "Yes, I saw them at the gate," without adding that they had entered the gate and were currently eating breakfast at his house.

QUAKER QUOTE

"Now the Lord God hath opened to me...how every person was enlightened by the divine light of Christ; and I saw it shine through all."



- George Fox



When you see someone, what do you notice first?

Which is harder for you to see in others – things in common or ways that you are different? Wonder why?

What do you usually remember in a person?

How should we see each other?

An old Quaker phrase: “coming to know each other in that which is eternal” – What does that mean?



Rainbow of Peace ‘n’ Love

Preparation: Use a muffin pan for different colors of food coloring and add a little water to each. (Keep Yellow separate!)

Fold a coffee filter in half two or three times. Demonstrate to the class. Say: Remember your most recent agreement or fuss with someone? How did you feel? (Hold the filter by the point and slightly dip one edge of the filter into the colored water – don’t use yellow yet.) Say: Do you know people that think that they are always right and want everyone to agree with them? Have you ever felt the same way? (Slightly dip the other corner or edge of the filter in a different color, but not yellow). Say: God created us all to be different, so obviously we are going to disagree but we don’t have to fight about it. God wants us to be the same in two ways: loving him & living in peace with each other. (Now, slightly dip the point of the filter in yellow). Say: What happens when we love God first and love our neighbors? (Hold up your coffee filter; yellow should be in the center, connecting the other colors). Say: With God’s love in the center of our lives, He will enable us to connect and love others in the way we should, if we are open to His leading.

Closing Applications

Open Worship

Read Scripture: Matthew 22:36-40 - “Teacher, which is the greatest commandment in the Law?’ Jesus replied: ‘Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: Love your neighbor as yourself. All the Law and the Prophets hang on these two commandments.”

Does your attitude toward people of other races indicate your belief in their right to equal opportunity? Do you believe in the spiritual capacity of men of all races and do you recognize their equality in the sight of God? Are you aware of your responsibility as a Christian to help in the elimination of racial discrimination and prejudice? ([Faith & Practice](#), page 54, # 10)

What inequalities are there in the world today?

What can you do to try to fix these inequalities?



Prayer Cards

Give each person an index card. Ask them to spend time listening the Holy Spirit as they ask God to point out those areas of our their lives where judgment, dislike, hate, or unfairness is present for others.

Prayer: Lord, I thank you for your unlimited love for me. Help me to see others as you see them, and love them as you love them.

Additional Activities

- Visit by Elizabeth Fry

EQUALITY

Visit from Levi Coffin

Introduction: Today we are going to be visited by a man who spent his life working to free people from slavery so that everyone could live freely, regardless of the color of their skin.

(Enter actor dressed as Levi Coffin. If possible he should wear overalls, like a farmer or a suit.)



LC: I was born in 1798 in North Carolina. I grew up in an area with many slaves. My parents, like most Quakers in the area, owned no slaves. One day, when I was seven years old, I was helping my father chop wood on the side of the road. A large group of slaves came down the road. They were chained together and being driven by a man with a whip. When my father asked one of them why they were chained, his answer changed my life. He said they were chained because their wives and children had been taken from them and their owners were afraid they would try to run away to get them back. I tried to imagine what such a life would be like. This experience haunted me and I decided to spend my life working to free other slaves from having that experience.

I grew up and married, and like many other Quakers, my family and I moved westward to Indiana to escape the southern slave culture. I set up a general store in Newport, Indiana which I ran for many years. I helped many slaves escape who made their way through my community. I became know far and wide as the “President” of the Underground Railroad. Some of my customers did not approve of my “activities,” but my business still prospered.

Later I felt that God was calling me to move to Cincinnati, Ohio to open a free wholesale produce store which sold only those goods not produced by slave labor. Unlike many such small businesses that went under because of not making a profit, I was able, with hard work, to keep my business afloat. I used my buying trips to the south as opportunities for ministry, speaking to everyone I met about the evils of slavery. I spent a good deal of my own money on food, clothing and transportation for the slaves. The Prince of Wales once came by to see the “southern depot of the Underground Railroad.” I waved at him from the front porch and continued amusing my guests with stories of escaped slaves I had helped.

(Exit Levi Coffin)

Summary: Levi Coffin was a good Quaker and a successful businessman. He knew the Bible very well and used it to the advantage of his testimony of equality. He was always careful to tell the truth, even if it was not the *whole* truth about a runaway slave. Once a marshal asked if he had seen two runaway slaves and he said, “Yes, I saw them at the gate,” without adding that they had entered the gate and were currently eating breakfast at his house. Levi Coffin allowed God to lead him, and God led him to help his oppressed people.

Visit by Elizabeth Fry

Introduction: She was born in 1780 to a wealthy English family, could have chosen a life of comfort and ease after marrying Joseph John Fry, a man of great wealth. Instead, she had eleven children, all of whom lived to adulthood, and despite her often ill health, she worked diligently for prison reform in England as well as becoming a Quaker minister and serving as a hostess for her husband in his business entertaining. She always reached out on a personal level to those around her in need of Christian compassion.

(Enter woman dressed as Elizabeth Fry. If possible she should wear a gray dress and Quaker bonnet.)

EF: I was one of seven lively daughters raised at beautiful Earlham Hall in England, where music and dancing were frequent. My family was Quaker, but we were wealthy and enjoyed all the pleasures that wealth afforded us. One day in meeting, while I was admiring my new red shoes with purple laces, a man named William Savery rose to speak. After he was finished I cried. Afterwards, I began to think about some of the things he said and I became unhappy with my life of ease and pleasure-seeking. Later, on a trip to Ireland, I met a spiritually powerful woman named Deborah Darby, who looked directly at me and said, "You will be a light to the blind, speech to the dumb, and feet to the lame." That day I wrote in my journal, "I know now what the mountain is that I have to climb. I am to be a Quaker." I was so serious about this calling that not long after I opened a school for poor children in the laundry room of Earlham Hall, eventually enrolling 80 students.

When I heard of the terrible conditions of the women prisoners at Newgate Prison, I became determined to visit them and see first hand. Both women and their children were living in the prison at that time. Some of the women had committed serious crimes, but some had been thrown in jail because they were in debt and didn't have very much money. I went among the wild and dirty women of Newgate in my bonnet and somber dress. The prison officials were appalled when I picked up a dirty, naked, diseased child off the floor of the prison and spoke to the women about improving conditions for their children. What surprised the officials even more was that the women began responding and trying to do as I instructed them. The success of these trips was such that I became known internationally. I organized a committee of other well-to-do women to work for prison reform, and the Quaker bonnet became a symbol to the prisoners for the love and work of Christ in their lives.

(Exit Elizabeth Fry)

Summary:

Elizabeth Fry was always sensitive to the needs of others. She used her connections, her talents, and her skills in the service of God's kingdom. She used her money and status for social reform. She was a natural organizer and a skillful nurse. She lovingly read the Bible to prisoners at Newgate. She was a caring, gentle woman who loved God and her fellow human beings.



Monthly Meeting and Membership

Stay joined to me, and I will stay joined to you. Just as a branch cannot produce fruit unless it stays joined to the vine, you cannot produce fruit unless you stay joined to me.

John 15:4 (CEV)

Lesson 10

Opening Icebreaker

Back to Back

Lead-In Activity

Way 2 Decide

DVD Segment 1

Membership
Queries
Connection
Discussion

DVD Segment 2

Happenings in
Quaker Business

Closing Applications

Mock Business
Meeting
Queries
Closing Prayer

Additional Activities

Attend a Monthly
Meeting

Opening Icebreaker: Back-to-Back

Divide group into pairs and have them sit on the floor back to back and link arms. Then tell them to stand up. With a little timing and cooperation, it shouldn't be too hard. Then combine two pairs into a foursome. Have them sit on the floor back to back with arms linked. Tell them to stand up. Keep adding more people to the group until the group can stand as one whole body or they give up and can't stand up anymore.

Lead-In Activity: Way 2 Decide

Give the students the following issue:

The church has asked to youth group to voluntarily start cleaning the whole church twice a month, not receiving pay. The youth group must make a decision together. Have the group to role play each of the following processes or methods.



- **Method 1:** Choose one student to be the President of the group and let that person make the decision for the whole group.
- **Method 2:** Take a vote and see which choice is the most popular.
- **Method 3:** Let the students try to come up with a compromise on their own.

Ask: Which of these methods seemed the most fair? Do you think there's a better way to work together as a group and make decisions?

QUAKER QUOTE

“Sometimes the power of God will break forth upon a whole meeting... and thereby trembling and a motion of the body will be upon most if not all.”

- Robert Barclay

DVD Segment 1 - Membership

- What is an affiliated member?
 - What is an Associate member?
 - What is an Active Member?
 - Are you a member?
 - Would you like to be?
 - What is the process at your meeting?
- (Faith & Practice, pgs. 60-61)



Connection

Form small teams, three or more to a team. Each team forms a line, while you secure each person's wrist to the person on each side of them by using yarn or masking tape. Leave folks on the ends untied, so that you are not forming a circle. Each small group must work together as a team to perform tasks at various stations around the room. It is a race to complete each tasks before the other teams. Have at least two more tasks than the number of teams. Challenge groups with tasks that require two hands to complete.



Examples: fold a paper airplane, cut something out of paper, safety pin something onto something else, untie and re-tie someone's shoe, build something, pour drink for someone to drink, etc... Plan a FINAL task in which the entire team is involved, whole team does a forward roll together on the floor. Rule: if tape breaks or someone comes undone, the entire team has to come together to be re-joined.

Discussion

In what ways was this an easy activity? What made it difficult?

How did you decide who would lead? Who followed?

How did you choose which tasks to attempt and how you would go about completing each of them?

Is there a correlation to how “church works” and this exercise?

DVD Segment 2 - Happenings in Quaker Business

Closing Application

Mock Business Meeting Overview Reminders (F&P, pages 59-60)

- We are a community of believers in which there is ONE MASTER.
- We are a fellowship, a vitally spiritual body
- We recognize that God has endowed each person with gifts
- Each member has duties & responsibilities and should be faithful
- Business is conducted out of and through a spirit of worship – seeking divine guidance
- We will be unhurried and considerate to all
- We will double check ourselves that we speak as we are led by the Spirit of God

Your group has \$1,000 to spend. Pretend you are a Monthly Meeting deciding how to use the money. Appoint a clerk, recording clerk, and a treasurer. Make sure you make decisions by Quaker process.



Are all meetings for worship and for business duly held and are you regular and punctual in attending them?

Do you come with heart and mind prepared for communion with God and fellowship with one another?

Do you individually assume your rightful share in the responsibility of the work and worship of the meeting?

Are your meetings for business times of spiritual concern and prayerful search for the way of truth?

[Faith & Practice, pg. 53](#)



Closing Prayer

Additional Activities

- Have young friends to attend a monthly meeting.

MONTHLY MEETING AND MEMBERSHIP

Lesson 11

Opening Icebreaker

Human Knot

Lead-In Activity

Skit: Quaker Circles

DVD Segment 1

Overview

Discussion

DVD Segment 2

Committees

Queries

Closing Applications

Committee Match
Handout

NCYM Mission
Statement

Queries

Additional Activities

Inter-Visitation

Attachments

Skit

Committee Match

Monthly Meeting, Quarterly Meeting, Yearly Meeting

The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ.

1 Corinthians 12:12 (NIV)

Opening Icebreaker: Human Knot

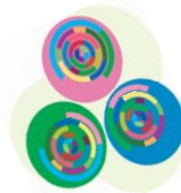


Have everyone stand in a circle, reach out their hands, and close their eyes. Each person should reach out and grab another person's hand across the circle with each hand. A person should not join both hands of the same person. When each person has two hands, then they can all open their eyes and try to untangle themselves without dropping hands. The group must work together to get out the knots.

Lead-In Activity

Skit: Quaker Circles

Each skit participant holds up a sign or has one tied around their necks.



QUAKER QUOTE

There is a way of ordering our mental life on more than one level at once. On one level we may be thinking, discussing, seeing calculating, meeting all the demands of external affairs. But deep within, beneath the scenes, at a profounder level, we may also be in prayer and adoration, song and worship and a gentle receptiveness to divine breathings.

- Thomas Kelly

DVD Segment 1: Overview

Discussion: In the human knot you were all connected with one another. How are we connected to other Quakers even if we're not holding hands?



Why do you think business is divided into so many levels within the Quaker process?

According to the skit, in which circles have you been involved?



DVD Segment 2: Committees

Why do you think the Yearly Meeting has so many committees?

Have you ever served on a committee? Is there one that you would be a good member?

What are the good, the bad, and improvement areas within our organization?

Are there ministries or efforts the Yearly Meeting should consider being involved in?





Closing Applications

Committee Match Handout

Students will match the Yearly Meeting item of business with the committee that would handle that responsibility or concern.

Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus too hold of me.
Philippians 3:12

NCYM Mission Statement adopted August 1999:

North Carolina Yearly Meeting of Friends seeks through the power of the Holy Spirit to equip and energize our Meetings in their witness to the love, message and power of the living Christ, encouraging Friends to translate our faith into practice.

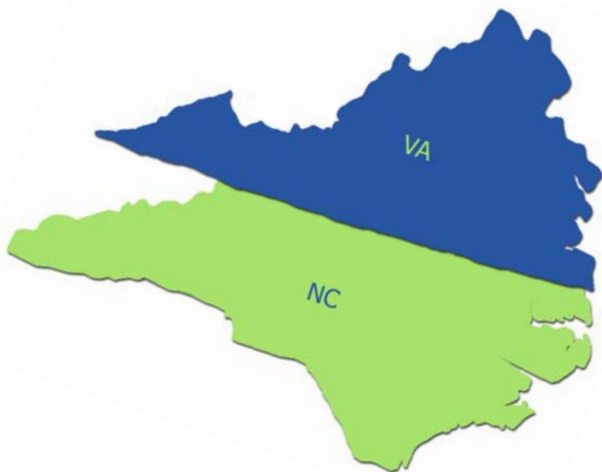
Consider your answers as an individual, a Monthly Meeting, Quarterly Meeting, and as a Yearly Meeting.

How are we doing? Are we seeking the power of God's Holy Spirit or are we depending on ourselves only?

Do we feel equipped and energized?

What is our witness? Are we a shining light in our communities, sharing Christ's love, message, and power?

Are we practicing what we say we believe?



Thanks to John Verbrugge 11-12-1998
THE NUMBER OF SUCCESSFUL MIRACLES HAS DROPPED, REGARDLESS OF THE COMMITTEES, TASK FORCES AND FOCUS GROUPS THAT WE HAVE BEEN SERVING ON RECENTLY



08-16-2000
HEY, ARE YOU GUYS HERE TO PRACTICE WHAT I'M PREACHING WITH ME?

Additional Activity

- **Inter-Visitation:** Visit another meeting within your Quarter or another Quarter.

MONTHLY MEETING, QUARTERLY MEETING,
YEARLY MEETING



Quaker Circles

Each holds up a sign or has one tied around their necks.

MM (One person): Hi, I'm the Monthly Meeting. I'm made up of all the people in one congregation. We meet once a month for business meeting. We handle things that deal specifically with our meeting like how to spend the money we collect during offering, local concerns and outreach, and the programs and activities of our meeting. (squats down)

QM (One person or 3-4): Hi, I'm the Quarterly Meeting. I'm made up of all the monthly meetings in a geographical area. We meet four times a year (or *quarterly*) for worship and business meeting. The Quarterly Meeting helps monthly meetings work together to spread Friends' witness and influence. (QM puts arms around or forms small circle around MM)

YM (More people than QM): Hi, I'm the Yearly Meeting. I'm made up of all the quarterly meetings in a regional area. We meet annually (that's right, *yearly*) for fellowship and business. (YM circle around QM)

FUM (More people than YM): Hi, I'm Friends United Meeting. I'm made up of Quaker yearly meetings all around the world. We meet every three years for Triennials. Not only do we handle the business and organization of Quakers around the world, but we also do mission work and give material relief to lots of different countries. (FUM forms outside circle around YM)

All: And we are each represented in each one of these circles!



Committee Match

Directions: Match the Yearly Meeting item of business with the committee that would handle that responsibility or concern.

Executive Committee	Stewardship – Finance Committee
Nominating Committee	Ministry and Counsel
Program Committee	Christian Education
Trustees	Peace Committee
Young Friends Activities	Evangelism Committee

1. Counseling young Friends who are considering becoming conscientious objectors. _____
2. Recommending to the business meeting the names of people to serve on committees and as clerks. _____
3. Planning events for Quakers aged 12-18 such as Youth Tremors, Young Friends S.O.U.L., and Serenity. _____
4. Defining the duties of the yearly meeting staff members.

5. Gives oversight for property and donations. _____
6. Preparing a budget for the Yearly Meeting. _____
7. Deals with spiritual concerns for the yearly meeting & the process for the Recording of Ministers. _____
8. Provides resources, training, sponsors Jr. Yearly Meeting and Jamaica VBS.

9. Plans the theme and activities for Yearly Meeting. _____.
10. Train and equip meetings for outreach. _____ .

The Wider World of Friends

Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.
Matthew 28:19-20 (NIV)

Lesson 12

Opening Icebreaker

Relay Race

DVD Segment 1

The Valiant Sixty & Mary Fisher

Queries

PowerPoint Presentation

Friends United Meeting

Key Ministry Areas

Closing Application

Light of the World Handout

Queries

Worship

Additional Activities

Quaker Missions Fundraiser

Letter Writing

Attachments

Handout

Opening Icebreaker: Relay Race

Divide students into two teams. Give each team a baton. Set up a start and a finish line. Have a student from each team run to the finish line with the baton and then return to the start line to pass it off to the next person.



(Variation—have participants to run while holding a spoon with a mini-marshmallow. If they drop the marshmallow, start again.)

Just like students passed off the baton or marshmallow to one another, today we are looking at Quakers who give their lives, passing on their faith in Jesus from one person to another.

QUAKER QUOTE

“Be patterns, be examples in all countries, places, islands, nations, wherever you come, that your carriage and life may preach among all sorts of people, and to them; then you will come to walk cheerfully over the earth answering that of God in everyone.”

-George Fox

DVD SEGMENT 1: The Valiant Sixty & Mary Fisher

What do you think the Valiant Sixty so much courage?

How would you describe Mary Fisher?

Have you ever felt led to do something dangerous, threatening, or uncomfortable for God? How did you respond?



PowerPoint Presentation: Friends United Meeting

(No copies of slides are provided with this presentation.)

Present a World Map. Have students to help identify with markers or push pins, the following areas of work.

Key Areas of FUM Global Ministries:

Africa: Kenya

Europe: Palestine

Caribbean & Latin America:

Belize

Cuba

Jamaica



Closing Application:

The Light of the World Handout

Students will use the word list to fill in the blanks for the scripture, Matthew 5:14-16. Have them try to do it *without* looking at their Bibles!



What do you think it is like to be a Young Friend in Jamaica, Palestine, Africa, or Cuba? What things to you think would be the same and what would be different?

Do you make an effort to acquaint yourself with the spiritual needs of the world?

Where is your mission field?



Open Worship

Read Scripture - *Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.*

Matthew 28:19-20 (NIV)

Challenge— At what age will you take responsibility for this calling?



Additional Activities:

- **Quaker Missions Fundraiser:** Host a fundraiser for Quaker mission work. Look up traditional recipes from Jamaica, Kenya, Cuba, and Palestine and have the youth group prepare and serve the food. Invite speakers that have traveled to some of the various mission sites and have them speak and show pictures. Sell tickets and let the proceeds go towards international Quaker missions.

- **Letter Writing:** Write letters to Quaker missionaries serving around the world.



THE WIDER WORLD OF FRIENDS

The Light of the World

Use the word list to fill in the blanks for the scripture, Matthew 5:14-16. Try to do it *without* looking at your Bible!

Heaven
Light
City
Hill
Good
Under
Shine
Stand
Gives
Hidden

Father
Bushel
People
Everyone
Deeds
World
Glory
Lamp
See
House



You are the _____ of the _____. A
_____ that is
set on a _____ cannot be _____. Nor do
_____ light a _____ and put it _____ a
_____, but on a _____ and it _____ light to
_____ in the _____. Let your light so _____ before
people, that they may see your _____ and give _____ to your
_____ who is in _____.

Ways I Can Share God's Light: _____

Lesson 13

Opening Icebreaker

Good/Bad News

DVD Segment 1

Quaker Alphabet

Small Groups:
AFSC, FCNL,
& FWCC

Closing Application

Stick with an Issue

Bible Study

Worship

Queries

Closing Prayer

Attachments

Handout
Cooperative
Organizations

The Quaker Alphabet: Cooperative Organizations

I tell you the truth, whatever you did not do for one of the least of these, you did not do for me.

Matthew 25:45 (NIV)

Opening Icebreaker: Good/Bad News



Bring in current newspapers. Have the students cut out headlines and articles about “bad news” (tragedies, terrible things going on in the world around them) and “good news” (people doing good things and trying to make a difference).

Have students share their findings with the group and talk about what it would take to find Good News within Bad News.

Say: “Today we’re going to be talking about Quakers who have made a difference and turned bad news into good news.”

QUAKER QUOTE

“True godliness doesn’t turn people out of the world but enables them to live better in it and excites their endeavors to mend it.”



- William Penn

DVD Segment 1: Quaker Alphabet



Small Groups: (AFSC, FCNL, FWCC)

You will need three groups. Cut apart the handout: Cooperative Organizations—Our A, B, C’s. Allow your teams time to plan a creative presentation that will help identify their assigned organization. Encourage your students to use their imaginations, props, costuming, etc. Each group presents to the entire group.

Closing Applications

Stick with an Issue: Bumper Sticker Competition

Have students identify problems in the world today, political issues, or issues that threaten people, those things that spark their compassion and interest. Give them paper, markers, and craft supplies needed to create a slogan or bumper sticker. Have everyone share their creation. Display for the meeting to see.



Bible Study: John 21:15-17

(Theatre Style—Highlight reading parts for a narrator, Jesus, and Peter)

Quakers have a history of identifying wrongs and working to make them right, are you that kind of Quaker?



Jesus has called us to help take care of all people, are you willing?
Are you willing to do what God calls you to do?

Worship

The leader should prayerfully read John 21:15-17 and the closing queries.

Closing Prayer

Cooperative Organizations

Leader: Cut apart the three sections and give one to each small group.

American Friends Service Committee — The American Friends Service Committee (AFSC) is a channel for service in a wide range of humanitarian activities at home and abroad through which many Friends in Friends United Meeting may express their convictions in relief and service. Its membership includes representatives of many of the constituent yearly meetings of Friends United Meeting.



Friends Committee on National Legislation — The Friends Committee on National Legislation (FCNL), with headquarters in Washington D.C., seeks to relate Friends principles to current national policy. Through meetings and literature, the FCNL informs Friends on matters pertinent to Friends beliefs and provides a channel of action. It seeks to work with legislators and administrative officers for those laws which will help make a peaceful world. The General Committee of the FCNL is made up of *Friends United Meeting* Friends, many representing constituent yearly meetings of Friends



Friends World Committee for Consultation — The Friends World Committee for Consultation (FWCC) has headquarters in London, England, and other offices around the world. The committee seeks to nurture the spiritual life and growth of the worldwide community of Friends through literature, conferences, intervisitation, and outreach. It is composed of representatives from yearly meetings around the world.

Its purpose is to strengthen in Friends the sense of unity and interdependence and to enable Friends to take their place in the development of a Christian world community.

