

# SOUL

2013

Serving  
Others  
Unleashing  
Love

last  
you  
jesus

**BEFORE**

first  
me  
everything

"But many who  
are first will be  
last; and the  
last, first."  
Matthew 19:30



Up River  July 6-12  
New Hope  July 27-Aug 2  
Forbush  July 18-21

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SOUL is a ministry of the Program Ministries Department of North Carolina Yearly Meeting of Friends (FUM)

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(336) 292-1905 (fax)  
[www.ncym-fum.org](http://www.ncym-fum.org)

North Carolina Yearly Meeting of Friends seeks through the power of the Holy Spirit to equip and energize our meetings in their witness to the love, message and power of the living Christ, encouraging Friends to translate our faith into practice.

# Welcome

Greetings from the Programs Ministries Department of North Carolina Yearly Meeting! We are delighted that you have decided to participate in this exciting service opportunity! We are looking forward to the upcoming summer with great expectation as we begin preparing for all that God is going to do in and through everyone involved with SOUL 2013!

SOUL will provide your Meeting with an opportunity to stretch outside the comfort zone of their community and serve others in the name of Jesus Christ. Your visit will provide your location with an opportunity for their youth and children to participate in fun and faith-based summer activities that open doors for spiritual growth and transformation. Through the participation of your group in prayer, encouragement, and service, we trust that they will grow in their own experience of ministry. At the same time, they will experience the joy and power of serving side by side with other Quaker groups and the local community in the Spirit of Jesus.

# Purpose

The SOUL ministry program was created to provide opportunities for service and ministry in the name of Jesus. Enabling them to strengthen their relationships with God, neighbors in need, and their own team through serving together. We seek to partner with and empower local communities as we work together in the power of the Holy Spirit to build God's Kingdom.

Theme: "Before"

Last before first. You before me. Jesus before everything!

*"But many who are first will be last; and the last, first."*

*Matthew 19:30*



# Leadership Responsibilities

- ✓ Send in youth and chaperone registration/health and guideline forms along with full payment for your team by June 21st (don't forget to subtract the deposit amount from your group total). If your group is not able send in the money by June 21st, contact the Yearly Meeting Office to make other arrangements.
- ✓ Make travel plans to arrive between 6:00 pm and 7:00 pm at either Up River Friends on July 6th, Forbush Friends on the 18th or New Hope Friends on July 27th. Plan to eat supper before you arrive.
- ✓ Take your group through these orientation materials.

Adult leadership is crucial for a successful week. Although you will not be responsible for planning program once you arrive, you will play an important role in group supervision. Your primary responsibility will be to help with oversight, motivation, and encouragement of your own group. Your participation in other roles is invaluable to our overall ministry. A chaperone meeting will be held once you arrive to prepare you for other adult leadership needs for the week. We know that your willingness to serve will be a blessing to you, your youth, and everyone else at SOUL!





## Up River Friends

Up River Friends Meeting is situated in rural Eastern North Carolina in the town of Belvidere. The first meeting for worship was held in Up River's schoolhouse on June 3, 1866 by members of Piney Woods Friends Meeting who desired to worship closer to home. It was at this time that Up River was granted "preparatory meeting" status. The first meetinghouse was built in 1875 very near where the present Up River Cemetery is located. That meetinghouse served the congregation until 1914 when the present meetinghouse was constructed a short distance away. They gained monthly meeting status in 1946.

## New Hope Friends

In 1879, New Hope Friends Meeting was established. The Meeting held their service temporarily in a Grange Hall until 1880 when a building site was deeded to NC Yearly Meeting of Friends by William and Smithy Grant. The Meetinghouse was built the next year on "big sand road". In 1919, the present site of the Meetinghouse was deeded to the monthly meeting by R.Monroe & Carrie D. Wilson. The Meetinghouse was then dismantled and hauled to the new site on two-horse wagons. Over the next few decades, many additions were made to the Meetinghouse including 3 rooms, a fellowship hall, kitchen, restrooms, classrooms and pastor's study. In 2002, the New Family Life Center was built.

## Forbush Friends

Friends were meeting for worship in the Quaker Forbush community about 1845. In 1849 a Preparative Meeting was established under the care of Deep Creek Monthly Meeting. After Yadkin Valley Quarterly Meeting was established, Forbush was recognized as an Independent Monthly Meeting. On January 22, 1898 Forbush Monthly Meeting was organized. The first Meetinghouse was a one-room log structure. It was replaced by a frame building in 1893. A vestibule and belfry were added in 1910. Classrooms were added to the building in 1929 and in 1937 additional classrooms were added. The brick structure was dedicated on August 25 1946. Sunday school rooms and a fellowship hall were added in 1958. A Christian Education building including a pastor's study, a library and second fellowship hall were added in 1970. In 1984 a choir room and additional restrooms were completed. A picnic shelter and a covered drive-thru were built in 1991. At the present time a Family Life Center is being built. The 100th Anniversary of Forbush Meeting of Friends was celebrated in 1998.



## Site Contact Info

Up River Friends Meeting  
Pastor: Richard Wilcox  
Phone: (252) 297-2442  
523 Up River Road  
Belvidere, NC 27919  
upriver@inteliport.com

New Hope Friends Meeting  
Pastor: Bill Garner  
Phone: (919) 778-2550  
4451 US 70 East  
Goldsboro, NC 27534  
newhopefriends@nc.rr.com

Forbush Friends Meeting  
Pastor: Michael Thames  
Phone: (336)  
4460 Forbush Road  
East Bend, NC 27018  
m\_k\_thames@hotmail.com

# What to bring?

1. Sleeping: sleeping bag or linens, blanket or sheet, pillow, and an air mattress. We will be sleeping on the floor in the church.
2. Clothing: old work clothes and shoes, casual dress clothes for Sunday worship, shower flip-flops, bathing suit (girls-one piece suits), clothes for your offsite evening activity, casual clothes for evening program, rain poncho (keep in mind that it will be VERY hot), girls (and guys for that matter) should plan on wearing only t-shirts or similar tops and not tank tops or strapless tops; shorts need to be finger-tip length, this means NO cheer shorts.
3. Personal Items: toiletries, washcloths, towels, sunscreen, insect repellent, Bible, pen. At New Hope, showers are taken off site. So be prepared to take your shower stuff in a van.
4. Miscellaneous Items: fan, prescription medicines (these should be in their original bottles), water bottle, sunglasses, bandana, work gloves for service projects.
5. Please do NOT bring video game systems or laptop computers. Cell phones are allowed but they are only to be used during free time. During all scheduled sessions and activities they must be turned OFF. (Please help enforce this with your youth.)



Groups will be assigned to help with setup and cleanup of meals, cleanup around the grounds, and other chores. All participants are expected to do their part in meeting these daily needs. Participants will be responsible for the tidiness of their own sleeping areas.

# Safety Issues

The weather will be very hot and humid. Plan to bring a water bottle with you so that you can stay hydrated throughout the day. Other concerns include wasps and bees. If you are allergic to any of these, please be sure to note this on your form and come prepared in the event of a sting or bite.

Be aware of where you leave your valuables. We will keep doors to living areas locked when we are not using those facilities, but it is best not to leave valuables sitting out in the open. We are not responsible for lost or stolen property.

## YM Office Contact

Darrin Allen  
Office: (336) 292-6957  
Cell: (336) 209-3028  
dallen@ncym-fum.org

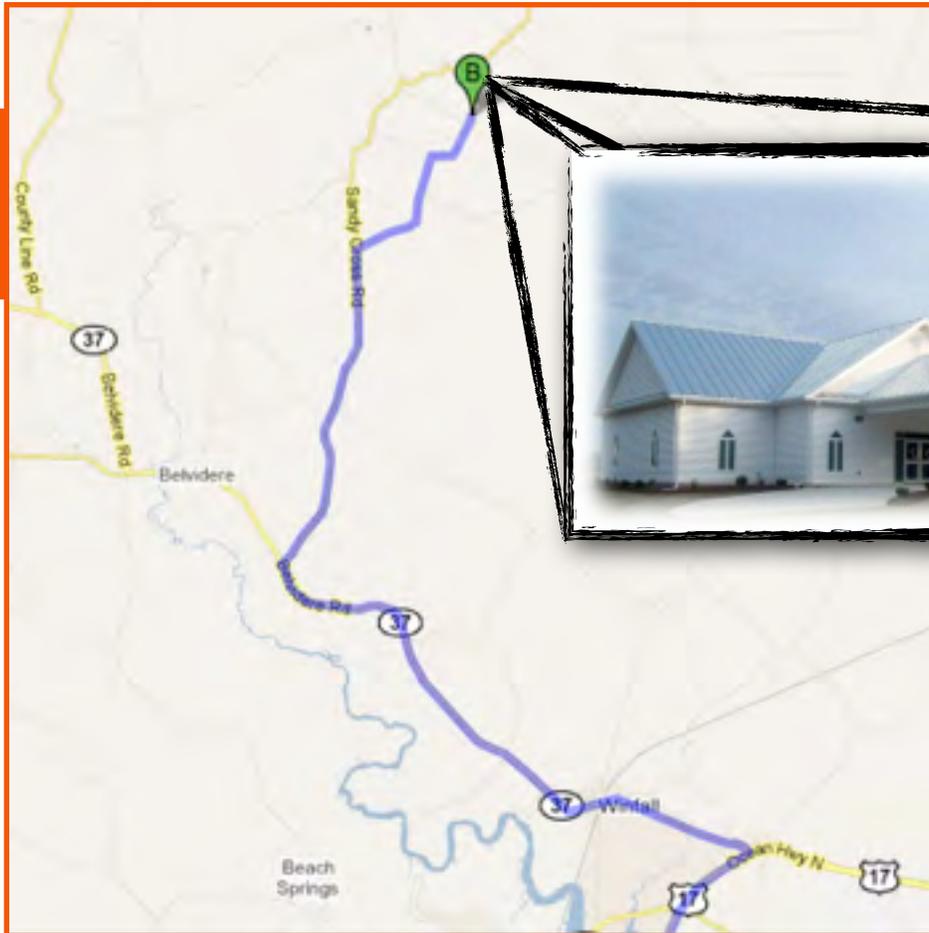
## NC SOUL Director

Heather Harris  
Cell: (919) 704-6676  
hharris919@gmail.com

# Directions From Raleigh

1. Head **east** on **US-64 E** toward **Exit 423** *go 75.4 mi*
  2. Continue onto **US-13 N** *go 34.1 mi*
  3. Continue onto **US-17 Bypass N** *go 6.8 mi*
  4. Continue onto **US-17 N** *go 28.1 mi*
  5. Turn left onto **Wiggins Rd** *go 1.5 mi*
  6. **Wiggins Rd** turns slightly left and becomes **Main St** *go 1.4 mi*
  7. Continue onto N Carolina 37 N/Belvidere Rd *go 3.3 mi*
  8. Turn right onto **Sandy Cross Rd** *go 3.4 mi*
  9. Turn right onto **Up River Rd** *go 1.4 mi*
  10. Turn right to stay on **Up River Rd** *go 0.7 mi*
- Up River Friends Meeting will be on the left.

**Physical Address:** 523 Up River Road, Belvidere, NC 27919

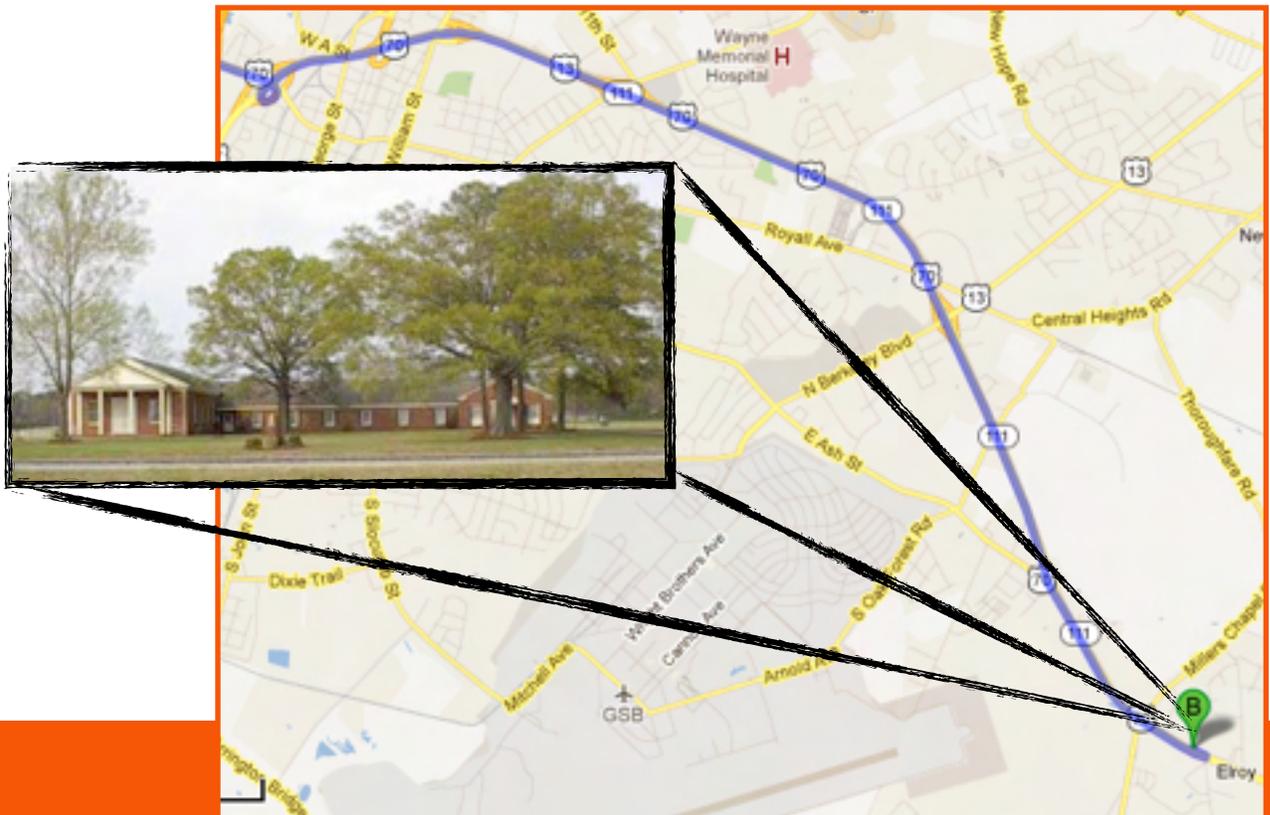


# Up River Friends

# New Hope Friends Directions From Raleigh

1. Head **east** on **I-40 E/US-64 E** via the ramp to **I-440** go 2.4 mi
2. Slight right onto **I-40 E** (signs for **Benson/Wilmington**) go 7.9 mi
3. Take exit **309** to merge onto **US-70 E**  
toward **Smithfield/Goldsboro** go 17.8 mi
4. Continue onto **US-70 Bypass E** go 2.9 mi
5. Continue onto **US-70 E** go 18.5 mi
6. Slight right to merge onto **US-117**  
**Alt N/US-13 N/US-70 E** toward  
**Kinston/Wilson/US117 Bypass N/US 70 Bypass** go 7.4 mi
7. Make a U-turn at **Woodpeck Rd** go 0.1 mi

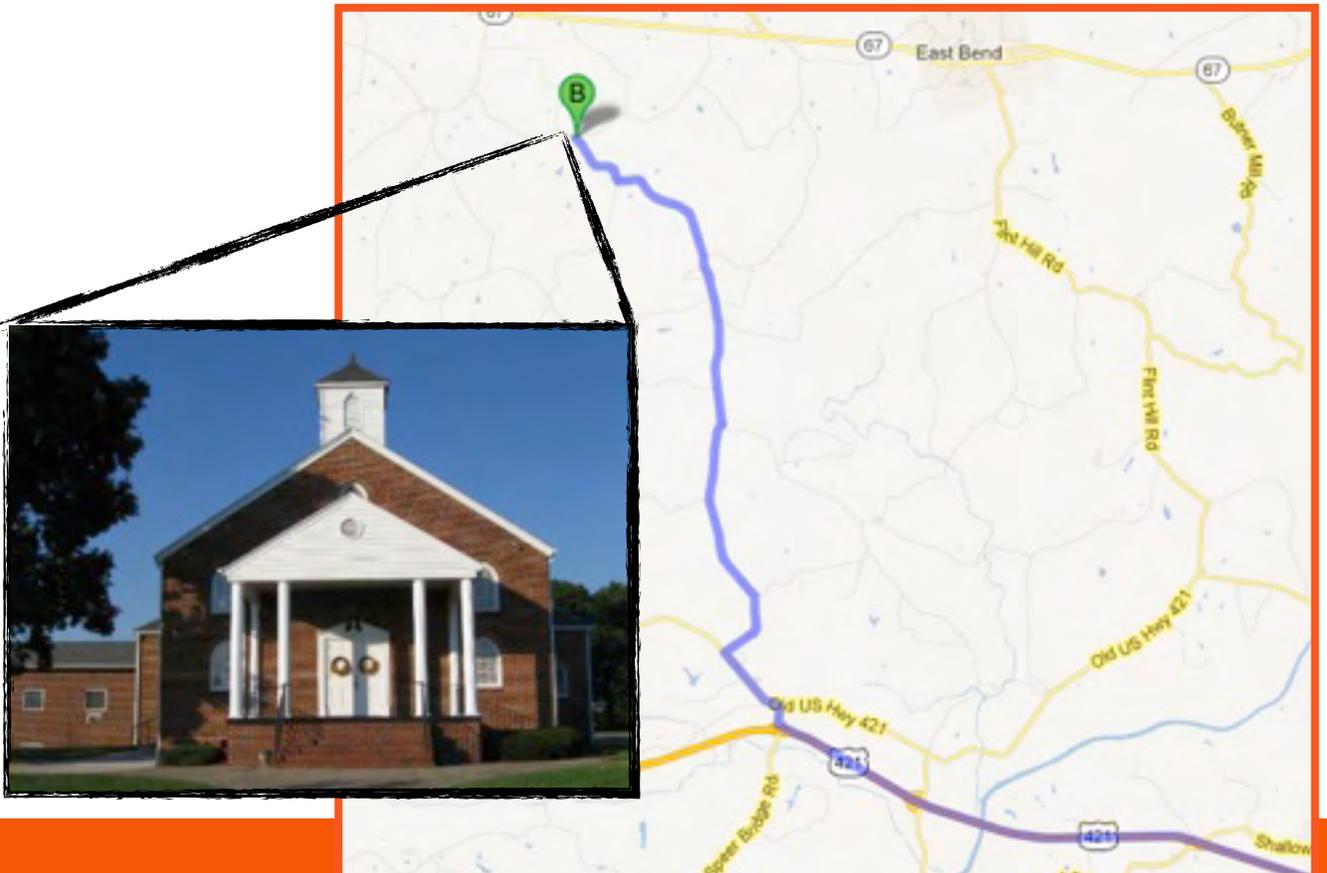
**Physical Address:** 4451 US 70 E Goldsboro, NC 27534



# Forbush Friends Directions From Greensboro

- Take **I-40 W** to **Winston-Salem.** *go 13 miles*
- Take exit **188** to merge onto **US-421 N** *go 18 miles*  
toward **Yadkinville/Wilkesboro**
- Take the exit toward **Speer Bridge Rd.**
- Turn right onto **Speer Bridge Rd.** *go 0.2 miles*
- Turn left onto **Old US Hwy 421** *go 0.8 miles*
- Turn right onto **Falcon Rd.** *go 2.6 miles*
- Turn left onto **Forbush Rd.** *go 3.7 miles*

**Physical Address:** 440 Forbush Road East Bend, NC 27018



# Sample Schedule (Up River & New Hope)

## Monday

- 7:15- Breakfast/Morning Devotions
- 8:00- Set Up
- 9:00- Sports Camp Activities
- 1:00- Lunch
- 1:45- Tuesday Prep
- 2:15- Service Project
- 6:30- Dinner
- 8:00- Worship
- 10:00- Snacks
- 11:00- Lights Out

## Sunday

- 8:00- Breakfast
- 9:30- Ready for church
- 9:45- Worship with the Church
- 12:30- Lunch
- 1:45- Team Building activities
- 3:15- Prep for Monday
- 6:00- Dinner
- 7:30- Worship
- 11:00- Lights Out

## Saturday

- 6:00- Groups arrive
- 7:00- Icebreaker/Get to Know you Games
- 8:00- Orientation
- 8:30- Worship
- 11:00- Lights Out

## Friday

- 7:15- Breakfast
- 8:00- Prep for service project
- 11:00- Return to church and clean up
- 12:00- Lunch & closing celebration!

## Thursday

- 7:15- Breakfast
- 8:00- Set Up
- 9:00- Sports Camp Activities
- 1:00- Lunch
- 1:45- Service Project
- 6:30- Dinner
- 8:00- Worship
- 10:00- Snacks
- 11:00- Lights Out

## Wednesday

- 7:15- Breakfast/Morning Devotions
- 8:00- Set Up
- 9:00- Sports Camp Activities
- 1:00- Lunch
- 1:45- Service Project
- 6:30- Dinner
- 8:00- Worship
- 10:00- Snacks
- 11:00- Lights Out

## Tuesday

- 7:15- Breakfast/Morning Devotions
- 8:00- Set Up
- 9:00- Sports Camp Activities
- 1:00- Lunch
- 1:45- Wednesday Prep
- 3:00- Leave for offsite activity
- 10:00- Return
- 11:00- Lights Out

# Sample Schedule (Forbush)

## Friday

- 7:30- Breakfast/Morning Devotions
- 8:30- Prep for Sports Rally
- 12:30- Lunch
- 1:30- Travel to the park to practice
- 6:30- Dinner
- 8:00- Worship
- 10:00- Snacks
- 11:00- Lights Out

## Thursday

- 6:00- Groups arrive
- 7:00- Icebreaker/Get to Know you Games
- 8:00- Orientation
- 8:30- Worship
- 11:00- Lights Out

## Sunday

- 7:30- Breakfast/Morning Devotions
- 8:30- Clean up!
- 9:30- Sunday School
- 10:30- Worship
- 12:00- Depart!

## Saturday

- 7:00- Breakfast/Morning Devotions
- 8:00- Leave for park to set up
- 9:00- Sports Rally starts
- 12:30- Lunch
- 3:00- Sports Rally ends/clean up
- 4:00- Free Time
- 6:30- Dinner
- 8:00- Worship
- 10:00- Snacks
- 11:00- Lights Out

We all want every one of our students to go on a mission trip! These opportunities allow students to grow in their leadership, their experience with God and even call them to a life on the mission field. To help ensure that all students are able to participate in this opportunity, we are recommending a resource of fundraising ideas. Group Mission Trips has published a "Fundraising EBook" with lots of suggestions for raising financial support. We hope that you find it helpful!

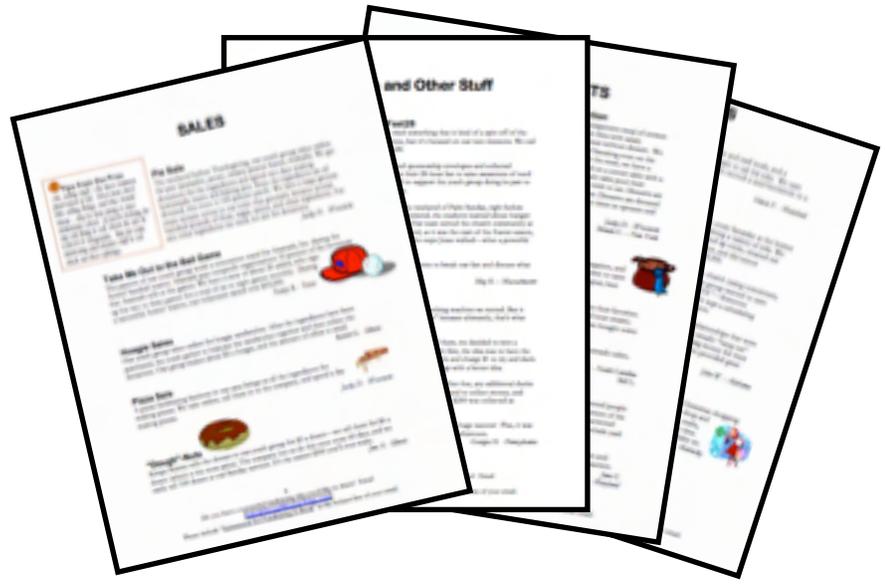
To view or download the full article with lists of ideas visit:  
[http://groupmissiontrips.com/media/23782/gmt\\_fundraising\\_ebook.pdf](http://groupmissiontrips.com/media/23782/gmt_fundraising_ebook.pdf)



... Over the years, we've met thousands of youth leaders who recognize that mission opportunities are a critical part of vibrant youth ministry. And fundraising is a critical part of mission trips. But fund-raising ranks right up there with cleaning up after the lock-in on the list of things youth workers don't like. What's more, many youth workers feel poorly equipped to provide good fund-raising activities—even though they appreciate how important they are.

To help you get the most out of your fund-raising efforts, we talked to our youth worker friends and asked them to submit their most successful fund-raising ideas. We've taken what they sent us and compiled them into this handy-dandy fund-raising e-book!

Take a few moments and browse through these ideas. We think you'll find this resource helpful. Who knows...you might even come to enjoy fund-raising! (OK, maybe not, but at least it won't feel like such a burden.)



# NC SOUL 2013 Participant/Chaperone Form

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ Check here if registering as a chaperone: \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ HS Grade/College year '12-'13 \_\_\_\_\_

Meeting/Church \_\_\_\_\_ Site (circle): Up River Forbush New Hope

T-shirt Size (circle): S M L XL XXL other \_\_\_\_\_

## Medical Information

Medical Insurance Company \_\_\_\_\_ Phone # \_\_\_\_\_

Policy Holder \_\_\_\_\_ Policy # \_\_\_\_\_

Doctor's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Medications participant is using under doctor's orders \_\_\_\_\_

Allergies or other health problems \_\_\_\_\_

Emergency Contact #'s \_\_\_\_\_

Date of last Tetanus booster \_\_\_\_/\_\_\_\_/\_\_\_\_

***Along with this form, please include a copy of your insurance card to ensure prompt medical treatment.***

In the event it becomes necessary to seek medical attention for \_\_\_\_\_ during the period she/he is a participant in this event, I hereby authorize the leaders to execute the proper medical treatment for the above participant.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian (if under 18)

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Participant/Chaperone

# Behavioral Guidelines

Everyone is expected to follow all guidelines, and failure to do so will result in disciplinary action.

If you need to be gone at any time during the event, to work or other obligations, you need to arrange your schedule in advance with the directors at registration.

I realize that photographs, video, articles, statements, names, music or art by my child will be used in promoting other North Carolina Yearly Meeting activities.

Respect all other participants and their property, as well as, the property of the facilities.

At lights out everyone is expected to be in their own room/cabin.

Attendance is expected at ALL scheduled activities.

Everyone is expected to clean up their own room/cabin and leave furniture arranged as it was found.

If you are taking prescription drugs of any kind you must report this to the directors in charge of the event.

It is not acceptable during events to perform bodily alterations such as piercing, tattooing, hair coloring/cutting, or any other major variation.

Cell phone usage for calls, texts, or internet is not permitted during any scheduled activities.

Recognizing the way that I portray this event affects myself and others, all information (status updates, tweets, pictures, videos, etc.) related to this event that I post on the internet (Facebook, Myspace, etc.) will be positive, of good taste and reflect Christian character.

## ABSOLUTES

(Disciplinary action will be sending you home at your expense!)

**No possession or use of tobacco products (cigs, dip, chew, etc.), alcohol, or non-prescription drugs, knives, firearms, or fireworks.**

**Sleeping areas are off limits to members of the opposite sex.**

**Sleeping areas of SOUL staff are off limits to participants.**

***I have read the above guidelines and agree to follow them at the event.***

\_\_\_\_\_  
Printed name of Participant/Chaperone

\_\_\_\_\_  
Signed name of Participant/Chaperone

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of Parent / Guardian  
(if under 18)

\_\_\_\_\_  
Signed name of Parent / Guardian  
(if under 18)

\_\_\_\_\_  
Date

# Ability and Skills Assessment

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Week you are attending SOUL 2013: \_\_\_\_\_

<b>SPORTS</b> (check all sports you have played, enjoy playing, or wouldn't mind help playing)	<b>Level of Skill:</b> (1: just started playing – 5: could coach if I wanted)				
<input type="checkbox"/> Football	1	2	3	4	5
<input type="checkbox"/> Basketball	1	2	3	4	5
<input type="checkbox"/> Cheerleading	1	2	3	4	5
<input type="checkbox"/> Soccer	1	2	3	4	5
<input type="checkbox"/> Baseball/Softball	1	2	3	4	5
<input type="checkbox"/> Ultimate Frisbee	1	2	3	4	5
<input type="checkbox"/> Other _____	1	2	3	4	5

<b>BUILDING/MANUAL LABOR</b> (check the boxes that describe you)	
<input type="checkbox"/> I love working outside.	<input type="checkbox"/> Hammering nails is something that comes easy to me
<input type="checkbox"/> Being dirty sounds like fun to me.	<input type="checkbox"/> I really enjoy organizing stuff.
<input type="checkbox"/> Sweat doesn't bother me.	<input type="checkbox"/> I can lift heavy objects.
<input type="checkbox"/> I'm a great cleaner.	<b>List any other skills, abilities, or previous experience that would be beneficial during this week:</b>
<input type="checkbox"/> Doing construction work is right up my alley!	_____
<input type="checkbox"/> Manual labor isn't a problem for me.	_____
<input type="checkbox"/> I have mowed lawns before.	